

Supporting Information

Experimental Section

1. Colonic tissue RNA extraction and RT-qPCR

In brief, total RNA was extracted from colonic tissue using 1 ml of TRIzol reagent (Invitrogen, USA). cDNA was synthesized from a total of 2 µg RNA using M-MLV reverse transcriptase (TianGen, KR116-02), and 1 µg cDNA was amplified. Real-time PCR was performed with the NovoStart SYBR qPCR SuperMix Plus kit (Novo-protein, E096) using the Bio-Rad CFX96 Fast Real-Time PCR System following the manufacturer's instructions. The qPCR program consisted of one cycle of 95°C for 10 min, 40 cycles of 95°C for 20 s, and 60°C for 1 min. Gene expression levels were normalized to that of the house-keeping gene GAPDH using the $2^{-\Delta\Delta CT}$ method.

2. 16S rRNA amplicon and sequencing

V4 region of the 16S rRNA gene was amplified using primers 515F 5'-GTGCCA GCMGCCGCGGTAA-3' and 806R 5'-GGACTACHVGGGTWTCTAAT-3' with barcodes. Sequencing data were processed following our previous protocols with modifications [1]. In detail, the DADA2 method was adopted for sequence denoising, generating representative sequences and abundance table [2]. In addition, we further used the LULU method on the microbiome data to remove erroneous representative sequences [3]. EZBioCloud-based Naive Bayes classifier was used to assign taxonomy to the representative sequences [4]. The diversity of gut microbiota was assessed by R package microeco (version 0.12.0) [5]. The correlation between bacterial taxa and behavioral indicators and spine density was calculated by LinkET in R (<https://github.com/Hy4m/linkET>).

3. Colonic tissue transcriptome profiling

Approximately 50 mg of colonic tissue was used for RNA isolation. After extraction of total RNA using TRIzol reagent (Invitrogen, cat. NO 15596026), DNA digestion was performed with DNaseI [6]. To assess the quality of the extracted RNA, A260/A280 was measured using a Nanodrop™ OneC spectrophotometer and integrity was confirmed by 1.5% agarose gel electrophoresis. Qubit3.0 with Qubit™ RNA Broad Range Assay Kit (Life Technologies, Q10210) was used to quantify the qualified RNAs. Following the manufacturer's instructions, 2 µg of total RNA was used for stranded RNA sequencing library preparation using the KC-Digital™ Stranded mRNA Library Prep Kit for Illumina® (Catalog No. DR08502, Wuhan Seqhealth Co., Ltd. China), which eliminates duplication bias in the PCR and sequencing steps by incorporating a unique molecular identifier (UMI) of 8 random bases to label the pre-amplified cDNA molecules. The library products corresponding to 200-500 bps were enriched, quantified, and finally sequenced on DNBSEQ-T7 sequencer (MGI Tech Co., Ltd. China) with PE150 model.

Following the Trimmomatic filtering process [7], low-quality reads were discarded, and any adapter contamination was removed. To reduce duplication bias introduced during library preparation and sequencing, the clean reads were further processed using in-house scripts. First, reads with the same unique molecular identifier (UMI) sequences were clustered. Next, reads within each cluster were compared pairwise, and all reads with a sequence identity of 95% or greater were grouped into separate sub-clusters. Finally, once the sub-

44 clusters had been generated, multiple sequence alignment was performed to generate a
45 single consensus sequence for each sub-cluster. This removed any errors or biases
46 introduced during PCR amplification or sequencing.

47 The de-duplicated consensus sequences were used for standard RNA-seq analysis. They
48 were mapped to the reference genome of mice from [ftp://ftp.ensembl.org/pub/release-
49 87/fasta/mus_musculus/dna/](ftp://ftp.ensembl.org/pub/release-87/fasta/mus_musculus/dna/) using STAR software with default parameters. Reads
50 mapped to the exon regions of each gene were counted by featureCounts (Subread-1.5.1;
51 Bioconductor) [8], and then RPKM was calculated. We detected differentially expressed
52 genes between the Control and HFD groups and between the HFD and EPs group with
53 the DESeq2 (version 1.34.0) package [9], which was visualized by the EnhancedVolcano
54 package in R (<https://github.com/kevinblighe/EnhancedVolcano>). Gene set enrichment
55 analysis was performed on genes ranked by their differential expression using
56 ClusterProfiler (version 4.2.2) [10], and the GseaVis package in R
57 (<https://github.com/junjunlab/GseaVis>).

58 **4. Colonic tissue metabolomics**

59 The procedures of sample extraction and instrumental analysis were performed according
60 to the previous protocol [11]. Briefly, 20 mg of colonic tissue was also extracted in a 2 mL
61 microcentrifuge tube with 400 μ L of the same ice-cold methanol. The sample was
62 homogenised on a TissueLyzer for 5 min at 70 Hz, followed by storage at -20 $^{\circ}$ C for 1 h
63 before centrifugation at 18000 g for 10 min. Again, 100 μ L aliquots were frozen and dried.
64 Finally, the dried colonic tissue were rehydrated in 50 μ L acetonitrile-water (2:98, v/v)
65 solution, ready for injection and instrumental analysis.

66 Metabolomics was performed using a Triple TOF 5600+. A Waters Acquity UPLC HSS T3
67 column (100 \AA , 1.8 μ m, 2.1 mm \times 100 mm) was used for the chromatographic separation.
68 The mobile phases consisted of 0.1% formic acid in water (A) and 0.1% formic acid in
69 acetonitrile (B) at a flow rate of 0.4 mL/min at a temperature of 40 $^{\circ}$ C. A 15 min gradient
70 was used starting with 2% B (0-1 min), 2-15% B (1-3 min), 15-50% B (3-6 min), 50-98% B
71 (6-7.5 min), 98% B (7.5-11.5 min), 98-2% B (11.5-11.6 min) and 2% B (11.6-15 min). HESI
72 positive ionisation was used with a sheath gas flow of 60 L/min, aux gas flow of 10 L/min,
73 sweep gas flow of 1 L/min, spray voltage of 2.75 kV, capillary temperature of 325 $^{\circ}$ C and
74 aux gas heater of 400 $^{\circ}$ C. The mass spectrometer was operated with a scan range of 80-
75 1000 Da in MS1 acquisition with a mass resolution of 70000 FWHM (Full Widths at Half
76 Height) at 200 Da, alternating with auto MS/MS acquisition with normal collision energy
77 averaged at 10, 50 and 100 FWHM 17,500; AGC target 2e5; max IT 50 ms.

78 All mass spectral data were analyzed based on R (version 4.1.3). MS1 *.wiff data were
79 converted to *.mzXML files and MS2 *.wiff data were converted to *.mgf files in
80 ProteoWizards MS Convert. The converted files were processed in R based on TidyMass
81 (version 1.0.4), resulting in master peak tables aligning all samples [12]. Metabolites were
82 annotated by the HMDB database [13]. The DESeq2 package (version 1.34.0) was used
83 to identify the differential metabolites [9]. Quantitative metabolite set enrichment analysis
84 (qMSEA) was performed using the R package MetaboAnalystR (version 3.3.0) to
85 determine the biological function of altered metabolites [14].

86 **5. Butyrate and lactate measurements**

87 First, 30 mg of colonic content was aliquoted into a 1.5 ml Eppendorf tube containing clean

88 zirconia beads of 1 mm diameter. For extraction, 350 μ L of ice-cold internal standard
89 ddH₂O (6,6,6-d₃-hexanoic acid, 10 μ g/ml) was added. To homogenize the sample, it was
90 placed in a TissueLyzer and subjected to 30 Hz for 30 minutes. After centrifugation at
91 13000 g, 4°C for 30 minutes, 100 μ L of the supernatant was collected and mixed with 10
92 μ L hydrochloric acid (5M). To complete the extraction, 100 μ L of anhydrous ethyl ether was
93 added and vortexed before being placed in an ice bath for 10 minutes. Centrifugation was
94 repeated at 13000 g for 20 minutes and the ethyl ether layer was transferred to a new
95 microtube containing anhydrous Na₂SO₄. To complete the derivatization, 100 μ L of the
96 ethyl ether extract was accurately transferred to a gas chromatography (GC) vial, to which
97 5 μ L of bis (trimethylsilyl) trifluoroacetamide was added and centrifuged for 5 seconds. The
98 vial was then sealed and stored at room temperature for 8 hours. The derivatized samples
99 were then used for analysis.

100 Gas chromatography/mass spectrometry (GC/MS) analysis was carried out using the
101 GCMS-TQ8050 NX (Shimadzu Corporation, Shionogi & Co., Ltd., JPN). The injector, ion
102 source, quadrupole, and GC/MS interface temperatures were set at 260, 230, 150, and
103 280 °C, respectively. The flow rate of helium carrier gas was maintained at 1 mL/min, and
104 1 μ L of the derivatized sample was injected with a 3 min solvent delay time and a split ratio
105 of 10:1. The initial column temperature was 40°C and was held for 2 min, then increased
106 to 150°C at a rate of 15°C/min and held for 1 min, and eventually ramped to 300°C at the
107 rate of 30°C/min and maintained at this temperature for 5 min. The ionization was done in
108 an electron impact (EI) mode at 70 eV.

109 **6. Western blot analysis**

110 The hippocampus and colonic tissues of the mice were lysed by RIPA lysis buffer
111 (Solarbio, Beijing, China) then centrifuged at 1000×g for 30 min. The concentration of
112 total protein was measured by the BCA method. Equal amount of protein was resolved
113 using 8% SDS polyacrylamide gel. Fractionated proteins were transferred onto PVDF
114 membranes at 220 mA for 90 min, then the membrane was washed in TBST, blocked in
115 skim milk for 90 min, and incubated overnight on a shaker at 4°C with primary antibody,
116 including PSD95, PPAR- γ and β -actin. The membrane was again washed three times with
117 TBST, incubated with secondary antibody (1:3000; Proteintech) for 60 min, washed three
118 times with TBST, and Bands were visualized using the BM Chemiluminescence Western
119 Blotting Kit (Roche Diagnostics GmbH, Mannheim, Germany). Membranes were
120 analyzed using the ChemiDoc Touch system (Bio-Rad, Hercules, California, USA), and
121 band intensity was quantified using Image J software.

122 **7. ATP measurements**

123 ATP measurement in colonic tissue was performed by using an Enhanced
124 ATP Assay Kit (S0027, Beyotime Biotechnology, China), according to the
125 manufacturer's instructions.

126 **8. Pyruvate measurements**

127 Pyruvate measurement in colonic tissue was performed by using an
128 Pyruvate (PA) Content Assay Kit (BC2205, Solarbio, China), according to the
129 manufacturer's instructions.

130
131

132 **Supplementary Table 1.** The primers used in this paper

Gene	Primer F	Primer R
IL-1 β	TGACGGACCCCAAAAGATGA	TCTCCACAGCCACAATGAGT
IL-6	ACCGCTATGAAGTTCCTCTC	CTCTGTGAAGTCTCCTCTCC
TNF- α	AGTCCGGGCAGGTCTACTTT	GTCACTGTCCCAGCATCTTGT
GAPDH	AGGTTGTCTCCTGCGACTGCA	GTGGTCCAGGGTTTCTTACTCC

133

134

135

136

137

138

139

140

141

142

143

144

145

146

147

148

149

150

151

152

153

154

155

156

157

158

159

160

161

162

163

164

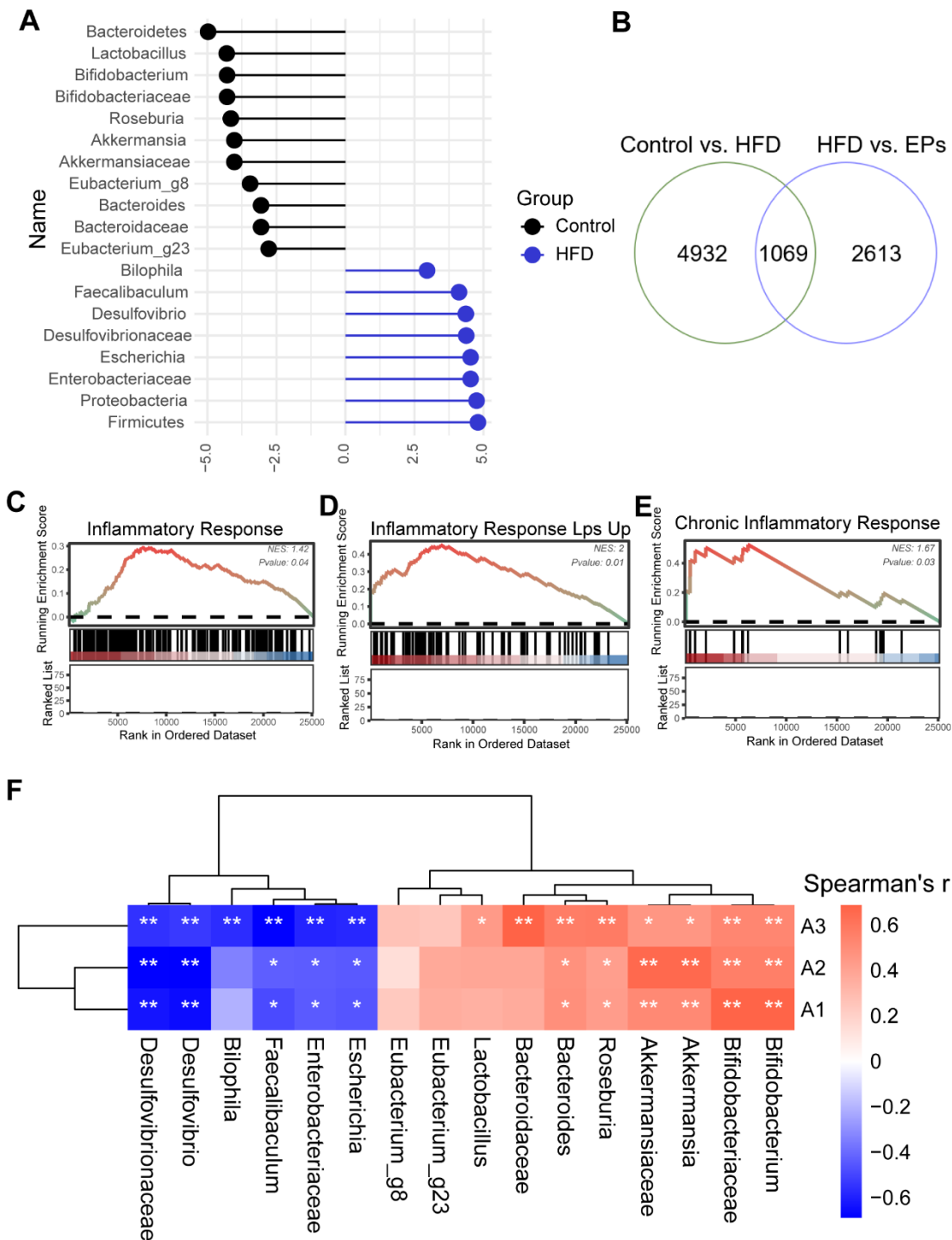
165

166

167

168

169

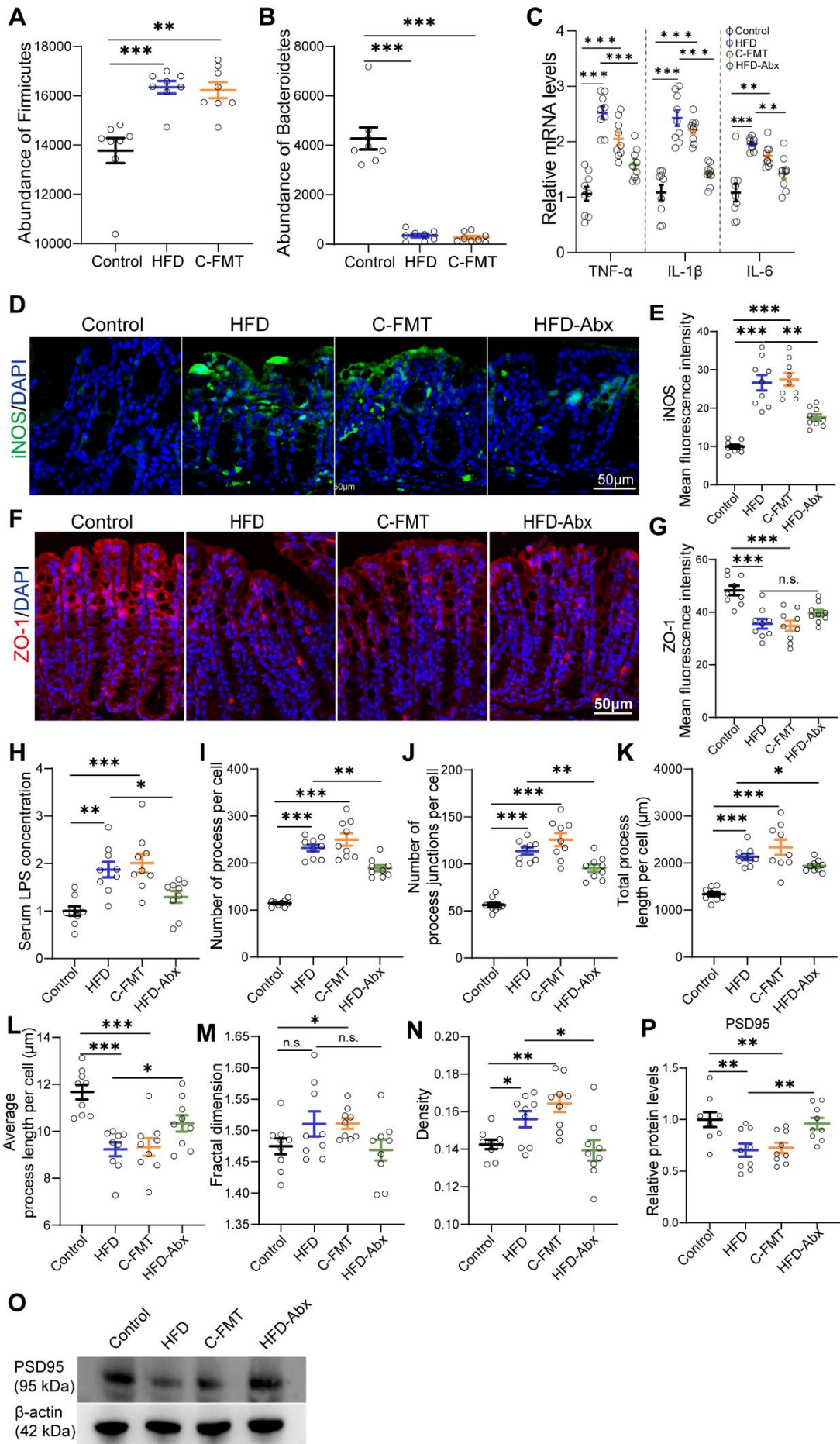


A1- Number of platform crossings
 A2- Time spent in the target quadrant (%)
 A3- Spine Density

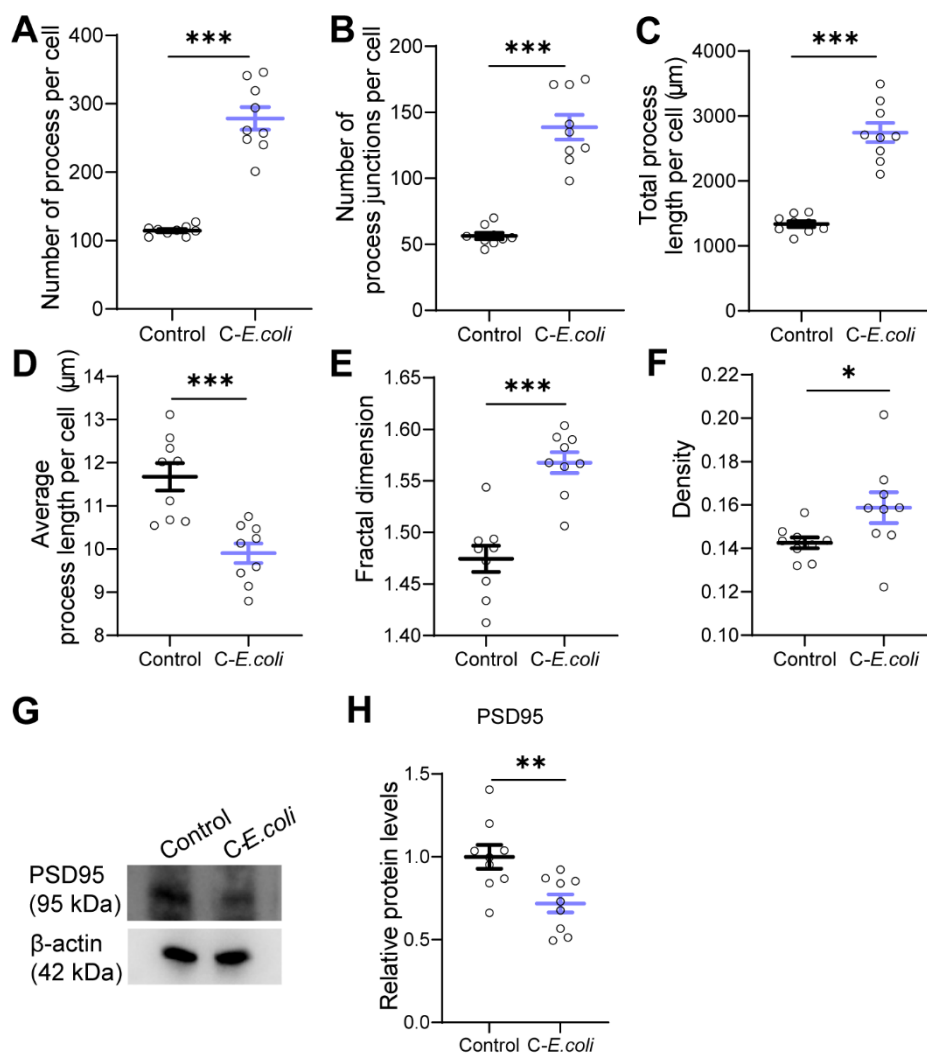
171

172 Figure S1. HFD-induced gut dysbiosis was highly correlated with behavioral phenotypes of
 173 mice. (A) LefSe analysis for differential taxa detected between Control and HFD groups (LDA
 174 value = 2.5; p -value < 0.05) (n = 8 individuals/group). (B) Venn diagram based on transcriptional
 175 profiling (n = 3 individuals/group). (C-E) Enriched gene sets of HFD-induced inflammatory
 176 response in the colon (n = 3 individuals/group). (F) Correlation between gut bacterial taxa and

177 behavioral indicators and dendritic spine density. * $p < 0.05$, ** $p < 0.01$.

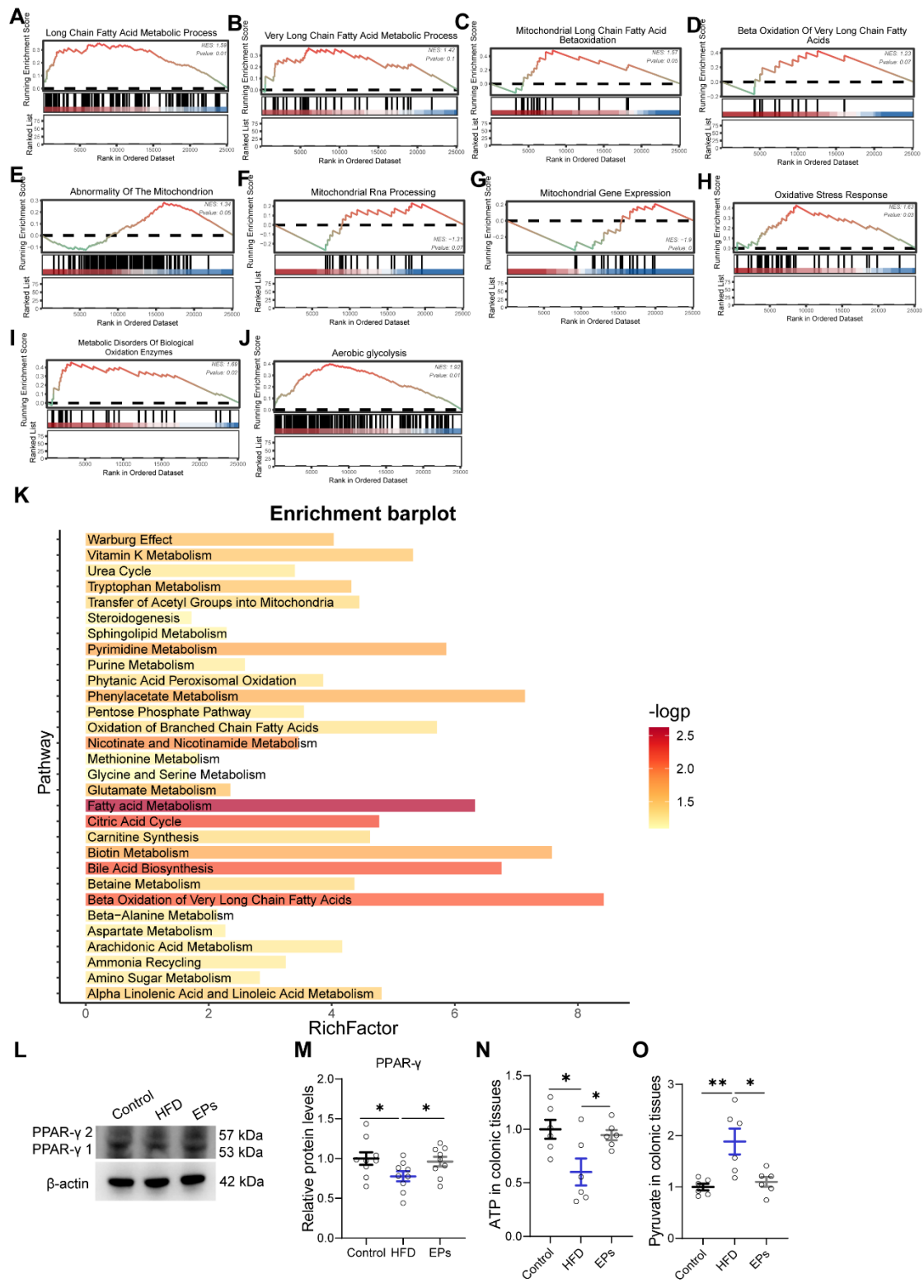


179 Figure S2. HFD-induced gut dysbiosis contributed to intestinal and systemic inflammation. (A,
 180 B) The abundance of the phylum *Firmicutes* and *Bacteroidetes* (n = 8 individuals/group). (C)
 181 The relative mRNA levels of cytokines (TNF- α , IL-1 β and IL-6) in the colonic tissue (n = 9 for
 182 each group). (D) Representative immunohistochemical images of iNOS (green) and nuclei
 183 labeled with DAPI (blue) in the colon. (F) Representative immunohistochemical images of ZO-
 184 1 (red) and nuclei labeled with DAPI (blue) in the colon. HFD-induced gut dysbiosis increased
 185 iNOS protein expression (E) and downregulated the tight junction protein ZO-1 (G) in colonic
 186 tissue (n = 9 slices from 3 mice). (H) Serum LPS levels (n = 9 for each group). (J-N) Quantitative
 187 analysis was conducted to determine the number of processes and junctions, total and average
 188 process lengths, fractal dimensions, and morphological densities of microglia in the DG (n = 9
 189 slices from 3 mice). (O) The expression of PSD95 in the hippocampus of different group mice
 190 was detected by western blot. The β -actin was served as the internal control. (P) Relative
 191 quantitative analysis of PSD95 protein level in the hippocampus (n = 9 for each group). Scale
 192 bars 50 μ m in D and F. In C and H, data were normalized to Control. Data represent the mean
 193 \pm SEM. Statistical significance was assessed using one-way ANOVA followed by Bonferroni's
 194 post hoc test. * p < 0.05, ** p < 0.01, *** p < 0.001. Notable non-significant (and non-near
 195 significant) differences are indicated by "n.s." in the figures.
 196



197

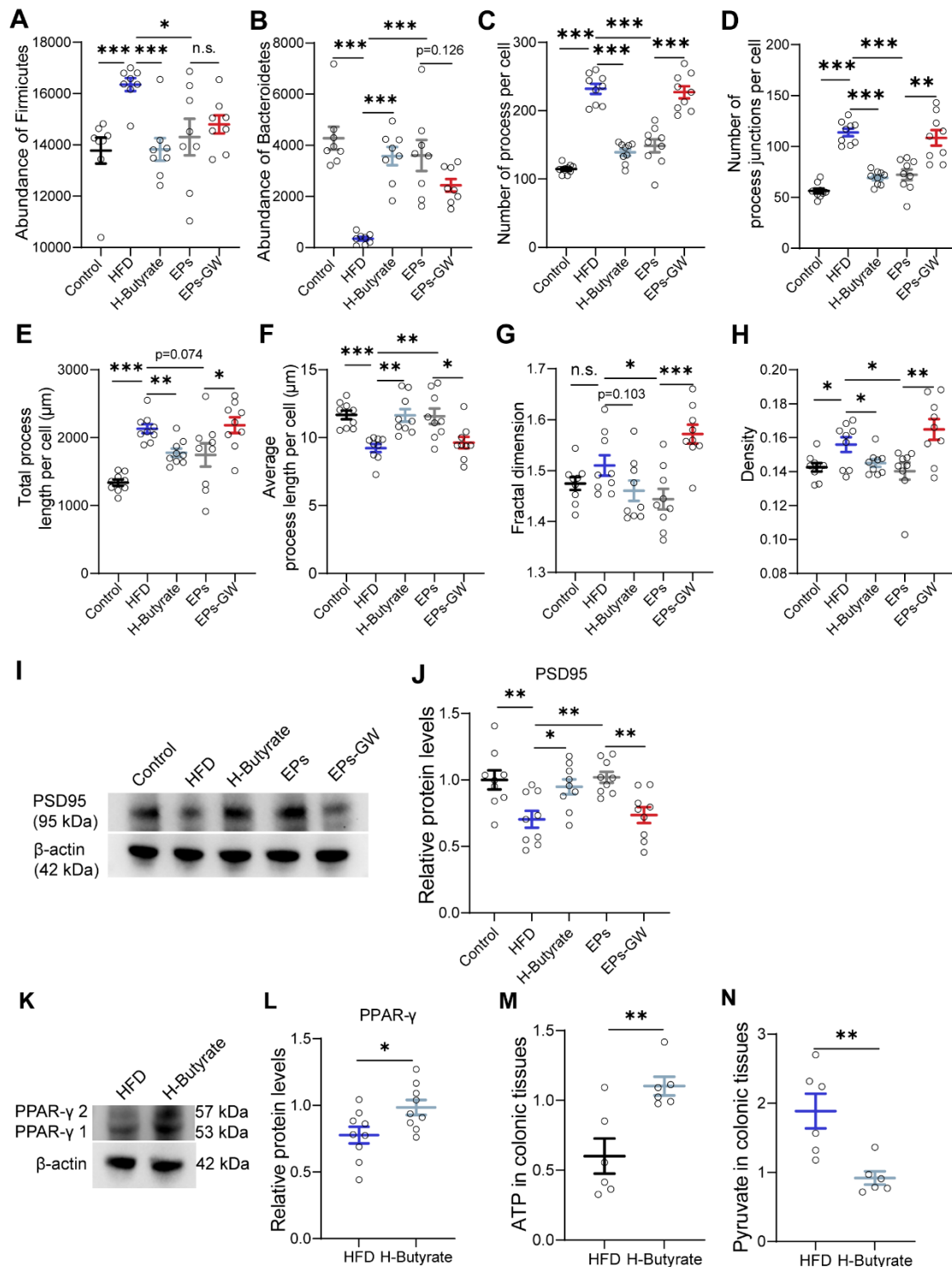
198 Figure S3. *E. coli* from HFD mice caused abnormal microglial morphology. (A-F) Quantitative
199 morphological analysis was conducted to determine the number of processes and junctions,
200 total and average process lengths, fractal dimensions, and densities of microglia in the DG of
201 Control and *C-E. coli* mice (n = 9 slices from 3 mice). (G) The expression of PSD95 in the
202 hippocampus of different group was detected by western blot. The β -actin was served as the
203 internal control. (H) Relative quantitative analysis of PSD95 protein level in the hippocampus
204 (n = 9 for each group). Data represent the mean \pm SEM. Statistical significance was compared
205 by independent samples *t*-test. **p* < 0.05, ***p* < 0.01, ****p* < 0.001.
206



207

208 Figure S4. Sustained HFD destabilized colonic metabolic homeostasis in mice. (A-D) HFD
 209 upregulated long-chain and very long-chain fatty acid metabolic processes (n = 3
 210 individuals/group). (E-G) HFD impaired mitochondrial function in colonocytes. (H, I) HFD
 211 triggered oxidative stress in the colon. (J) HFD induced a metabolic shift towards aerobic
 212 glycolysis in colonocytes. (K) qMSEA method was adopted to identify the colonic metabolic
 213 pathways perturbed by HFD (n = 6 individuals/group). (L) The expression of PPAR-γ in the

214 colonic tissues of different group mice was detected by western blot. The β -actin was served
 215 as the internal control. (M) Relative quantitative analysis of PPAR- γ protein level in the colonic
 216 tissues (n = 9 for each group). (N) Adenosine triphosphate (ATP) concentrations in colonic
 217 tissue (n = 6 individuals/group). (O) Pyruvate concentrations in colonic tissue (n = 6
 218 individuals/group). Data represent the mean \pm SEM. Statistical significance was assessed
 219 using one-way ANOVA followed by Bonferroni's post hoc test. *p < 0.05, **p < 0.01, ***p < 0.001.



220

221 Figure S5. EPs suppressed microglia hyperactivation by remodeling gut bacteria-colonocyte
 222 interactions. (A, B) The abundance of the phylum *Firmicutes* and *Bacteroidetes* (n = 8

223 individuals/group). (C-H) Quantitative morphological analysis was conducted to determine the
224 number of processes and junctions, total and average process lengths, fractal dimensions, and
225 densities of microglia in the DG (n = 9 slices from 3 mice). (I) The expression of PSD95 in the
226 hippocampus of different group mice was detected by western blot. The β -actin was served as
227 the internal control. (J) Relative quantitative analysis of PSD95 protein level in the hippocampus
228 (n = 9 for each group). (K) The expression of PPAR- γ in the colonic tissues of different group
229 mice was detected by western blot. The β -actin was served as the internal control. (L) Relative
230 quantitative analysis of PPAR- γ protein level in the colonic tissues (n = 9 for each group). (M)
231 Adenosine triphosphate (ATP) concentrations in colonic tissue (n = 6 individuals/group). (N)
232 Pyruvate concentrations in colonic tissue (n = 6 individuals/group). Data represent the mean \pm
233 SEM. Statistical significance was assessed using a one-way ANOVA followed by Bonferroni's
234 post hoc test. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. Notable near-significant differences ($0.05 < p$
235 < 0.1) are indicated in the figures. Notable non-significant (and non-near significant) differences
236 are indicated by "n.s." in the figures.

237

238

239

240

241

242

243

244

245

246

247

248

249

250

251

252

253

254

255

256

257

258

259

260

261

262

263

264

265

266

267
268
269
270
271
272
273
274
275
276
277
278
279
280
281
282
283
284
285
286
287
288
289
290
291
292
293
294
295
296
297
298
299
300
301

References

1. Sun P, Wang M, Li Z, Wei J, Liu F, Zheng W, et al. Eucommiae cortex polysaccharides mitigate obesogenic diet-induced cognitive and social dysfunction via modulation of gut microbiota and tryptophan metabolism. *Theranostics*. 2022; 12: 3637-55.
2. Callahan BJ, McMurdie PJ, Rosen MJ, Han AW, Johnson AJA, Holmes SP. DADA2: High-resolution sample inference from Illumina amplicon data. *Nat Methods*. 2016; 13: 581-3.
3. Frøslev TG, Kjøller R, Bruun HH, Ejrnæs R, Brunbjerg AK, Pietroni C, et al. Algorithm for post-clustering curation of DNA amplicon data yields reliable biodiversity estimates. *Nat Commun*. 2017; 8: 1188.
4. Zou Y, Xue W, Luo G, Deng Z, Qin P, Guo R, et al. 1,520 reference genomes from cultivated human gut bacteria enable functional microbiome analyses. *Nat Biotechnol*. 2019; 37: 179-85.
5. Liu C, Cui Y, Li X, Yao M. microeco: an R package for data mining in microbial community ecology. *FEMS Microbiol Ecol*. 2021; 97.
6. Chomczynski P, Sacchi N. The single-step method of RNA isolation by acid guanidinium thiocyanate-phenol-chloroform extraction: twenty-something years on. *Nat Protoc*. 2006; 1: 581-5.
7. Bolger AM, Lohse M, Usadel B. Trimmomatic: a flexible trimmer for Illumina sequence data. *Bioinformatics*. 2014; 30: 2114-20.
8. Liao Y, Smyth GK, Shi W. featureCounts: an efficient general purpose program for assigning sequence reads to genomic features. *Bioinformatics*. 2014; 30: 923-30.
9. Love MI, Huber W, Anders S. Moderated estimation of fold change and dispersion for RNA-seq data with DESeq2. *Genome Biol*. 2014; 15: 550.
10. Wu T, Hu E, Xu S, Chen M, Guo P, Dai Z, et al. clusterProfiler 4.0: A universal enrichment tool for interpreting omics data. *Innovation (Camb)*. 2021; 2: 100141.
11. Lai Y, Liu C-W, Yang Y, Hsiao Y-C, Ru H, Lu K. High-coverage metabolomics uncovers microbiota-driven biochemical landscape of interorgan transport and gut-brain communication in mice. *Nat Commun*. 2021; 12: 6000.
12. Shen X, Yan H, Wang C, Gao P, Johnson CH, Snyder MP. TidyMass an object-oriented reproducible analysis framework for LC-MS data. *Nat Commun*. 2022; 13: 4365.
13. Wishart DS, Guo A, Oler E, Wang F, Anjum A, Peters H, et al. HMDB 5.0: the Human Metabolome Database for 2022. *Nucleic Acids Res*. 2022; 50: D622-D31.
14. Chong J, Xia J. MetaboAnalystR: an R package for flexible and reproducible analysis of metabolomics data. *Bioinformatics*. 2018; 34: 4313-4.