

## Research Paper

# Effectiveness of a Layer-by-Layer Microbubbles-Based Delivery System for Applying Minoxidil to Enhance Hair Growth

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## Abstract

Minoxidil (Mx) is a conventional drug for treating androgenetic alopecia, preventing hair loss, and promoting hair growth. The solubility of Mx has been improved using chemical enhancement methods to increase its skin permeability over the long term. This study created a new ultrasound (US) contrast agent—albumin-shelled microbubbles (MBs) that absorb chitosan oligosaccharide lactate (COL) and Mx—and combined it with sonication by US energy in the water phase to enhance hair growth while shortening the treatment period. COL and Mx grafted with MBs (mean diameter of 1480 nm) were synthesized into self-assembled complexes of COL-MBs and Mx-COL-MBs that had mean diameters of 4150 and 4500 nm, respectively. The US was applied at 3 W/cm<sup>2</sup> for 1 min, and combined with Mx-COL-MBs containing 0.3% Mx. The diffusion of Mx through the dialysis membrane from Mx-COL-MB during US (US+Mx-COL-MB) was more rapid at pH 4 than at pH 7.4, which is favorable given that the environment of the scalp is mildly acidic (pH=4.5–5.5). In Franz diffusion experiments performed *in vitro*, the release rates at 18 hours in the US+Mx-COL-MBs and US+MBs+Mx groups resulted in 2.3 and 1.7 times the penetration and deposition, respectively, of Mx relative to the group with Mx alone. During 21 days treatment in animal experiments, the growth rates at days 10 and 14 in the US+Mx-COL-MBs group increased by 22.6% and 64.7%, respectively, and there were clear significant differences ( $p<0.05$ ) between the US+Mx-COL-MBs group and the other four groups. The use of US+Mx-COL-MB in the water phase can increase the effects of Mx so as to shorten the telogen phase, and also increase both the diameter of keratinized hair shafts and the size of hair follicles without causing skin damage.

Key words: Microbubbles, Ultrasound, Transdermal drug delivery, Minoxidil, Chitosan oligosaccharide lactate, Hair growth.

## Introduction

Hair-loss disorders affect men and women of all ages, with the prevalence increasing with age [1, 2]. Androgenetic alopecia (AGA) is the most common form of hair loss, and it is characterized by specific

patterns of temporal-frontal loss in men and central thinning in women [1]. AGA is induced by androgens in genetically susceptible hair follicles either in men or in women. In such hair follicles dihydrotestosterone

(DHT) binds to the androgen receptor and this hormone-receptor complex then activates the genes that control the gradual transformation of large, terminal follicles into small, miniaturized follicles [3]. Topical minoxidil (Mx) (Rogaine) is the only medication that can be used by both men and women, and is approved by the US Food and Drug Administration (FDA) for the treatment of AGA [1]. However, it does not work on completely bald areas and only works over the long term if it is used continuously [1]. The present study created a new ultrasound (US) contrast agent—chitosan oligosaccharide lactate (COL) and Mx-coated microbubbles (MBs)—and combined it with sonication by US energy in the water phase [4] to enhance hair growth and reduce the treatment period.

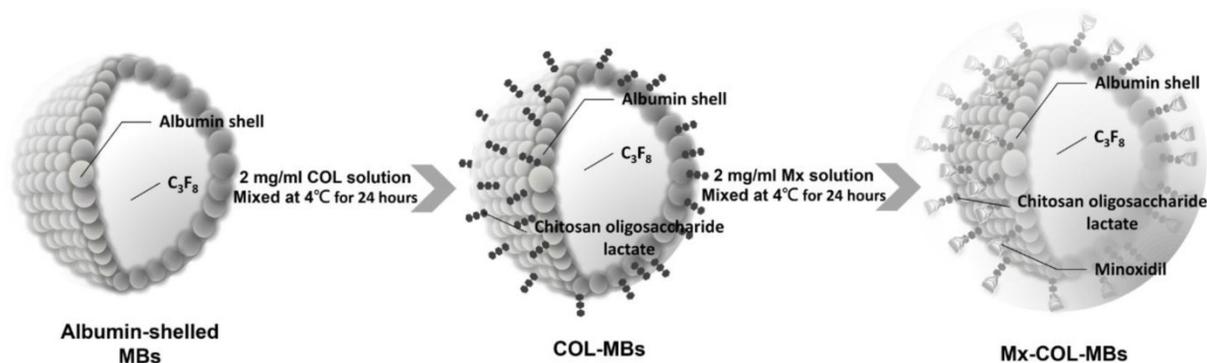
Mx was introduced in the early 1970s as a treatment for hypertension, and common side effects when taking Mx tablets include the regrowth of hair in male balding [5-7]. A 2% topical formulation was first marketed for hair regrowth in men in 1986 in the US, and the 5% product was made available in 1993 [8]. The 2% Mx solution was approved as a medication by US FDA for women, and both the 2% and 5% solutions were made available for men [9]. Mx may stimulate hair growth by increasing the anagen phase of the hair cycle, but the exact mechanisms are still unclear [10]. In 2006, 5% Mx was approved by the US FDA for treating AGA in men, and clinical testing showed that hair growth was increased after 48 weeks of using it twice daily [10, 11].

The relative concentrations of propylene glycol and ethanol in a binary solvent system had a significant effect on the skin penetration of 2% Mx solution [12]. However, some patients present with clinical complaints of pruritus and scaling of the scalp [13], and it was found that this was mainly due to propylene glycol rather than to the Mx itself. Many alternative candidate treatment formulations using other solvents have been considered, such as butylene

glycol, polysorbate, and glycerol. However, patch testing has indicated that the compounded preparations might not be tolerated [13]. Recently, chitosan microparticles loaded with Mx were prepared in an ethanol-water solution at a pH of 5.5 to reduce the immunogenicity of a topical alopecia therapy [14]. The follicular bioavailability of Mx from this formulation and the potential use of such microparticles in targeting drug delivery for the topical treatment of alopecia are still being evaluated [14]. Microneedling-induced hair growth in mice has been also recently reported [15, 16]. However, constructing suitable microneedles is problematic, and these needles may accidentally break and then remain in the skin [17].

Sonophoretic transdermal drug delivery has been used with MBs as a US contrast agent to enhance the delivery of drugs into the porcine skin via cavitation induced by high-frequency US [18, 19]. More recently, it was reported that combined treatment with optimal US parameters (3-W/cm<sup>2</sup> for 1 min) and MBs (2.9×10<sup>8</sup>/ml) can increase the skin permeability so as to enhance the delivery of α-arbutin to inhibit melanogenesis without damaging the skin in mice [20]. Combining US with MBs of different sizes can produce different degrees of skin permeability, thereby making it possible to enhance the delivery of even large molecules (>500 Da) [21].

The present study created a new type of Mx-coated MBs and combined them with sonication by US energy in the water phase to enhance hair growth while shortening the treatment period. COL was grafted as the first layer on albumin-shelled MBs based on the protective effect of COL for human dermal fibroblast cells [22]. The complex was mixed with Mx solution to prepare self-assembled Mx-COL-MBs (Fig. 1). The use of US-mediated Mx-COL-MBs cavitation to induce Mx delivery and enhance hair growth *in vivo* was also investigated.



**Figure 1:** Schematic (not to scale) of the layer-by-layer self-assembly of Mx-COL-MBs.

## Materials and Methods

### Preparation characterization of Mx-COL-MBs

Self-assembled Mx-COL-MBs (Fig. 1) were prepared, whose composition is presented in Fig. 1 and Table 1. Since albumin has negative charges, the surface potential of the albumin shell is less than zero, and thus, it can attract the molecule with positive charges. In an acidic solution, COL has a plurality of amine (-NH<sub>2</sub>) which absorbs hydrogen ions, and changes into -NH<sub>3</sub><sup>+</sup> (positive charge). Therefore, the albumin shell with negative charges can be adsorbed onto COL by electrical adsorption. This makes the COL distributed on the outside shell surface of albumin, and becomes the COL-MB through the modification by COL. Mx has the negatively charged oxygen atoms, which is easily attracted by the -NH<sub>3</sub><sup>+</sup> of COL, and becomes the Mx-COL-MB. Albumin-shelled MBs were prepared according to the procedure used in our previous study [23, 24]. HSA was purchased as a sterile 20% solution (Octapharma, Vienna, Austria), and it was diluted with PBS to make stock solutions containing 1.32% (w/v) HSA. MBs were generated by sonication in 10 ml of solution in perfluorocarbon gas in PBS using a sonicator (200 W; Branson Ultrasonics, Danbury, CT, USA) for 2 min. The MBs were centrifuged at 1200 rpm (128.6×g) for 1 minute, and the supernatant was removed. A 1-ml aliquot of 2 mg/ml COL (molecular weight=5000, Sigma-Aldrich, St. Louis, MO, USA) solution was then mixed and stirred (50 rpm) for 24 hours at 4°C. The COL-MBs were centrifuged at 1200 rpm (128.6×g) for 1 minute, and then washed three times to eliminate the free COL. The 2 mg/ml Mx (molecular weight=209.25, Sigma-Aldrich) solution was then mixed in various volume ratios of COL (1:1, 1:2, and 1:3) and stirred (50 rpm) for 24 hours at 4°C. The Mx-COL-MBs were centrifuged at 1200 rpm (128.6×g) for 1 minute, and then washed three times to eliminate the free Mx. The number of Mx-COL-MBs in the solution was measured with the MultiSizer III device (Beckman Coulter, Fullerton, CA) using a 30-μm aperture probe whose measurement boundary ranged from 0.6 to 20 μm. The zeta potentials of the MBs, COL-MBs, and Mx-COL-MBs dispersed in an aqueous solution (pH=6.4, resistance=18.2 mΩ) were measured using a Nanoparticle Analyzer (Horiba, Kyoto, Japan). The albumin-shelled MBs, COL-MBs,

and Mx-COL-MBs were filtered with a 5-μm syringe filter (Sartorius, Goettingen, Germany) and then hardened using 0.25% glutaraldehyde (Sigma-Aldrich). The morphology of the hardened MBs was studied using transmission SEM after coating the samples with platinum (achieved by applying 20 mA for 20 min). SEM images were recorded on an automatic sputter coater (JFC-1300, JEOL, Tokyo, Japan) at an accelerating voltage of 15 kV.

### In vitro release study

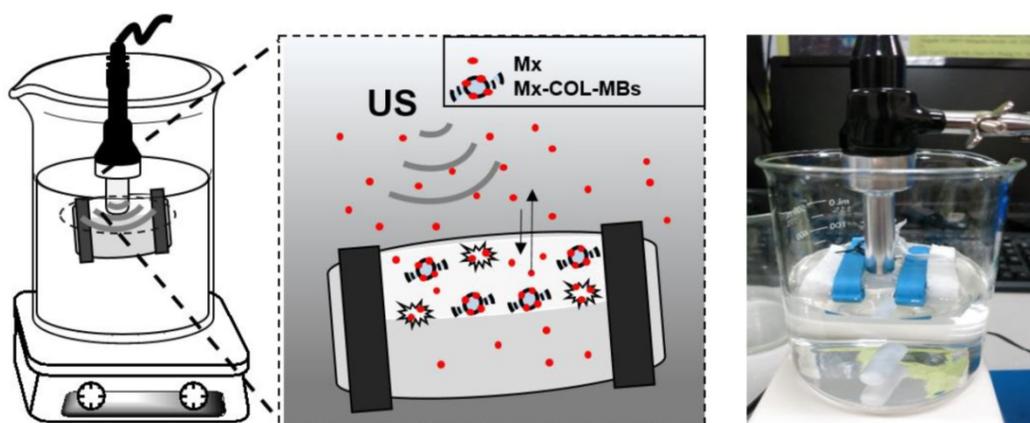
The *in vitro* release behaviors of Mx from MB vesicles were investigated using a dialysis method. Figure 2 shows a schematic of the system setup. Briefly, 3 ml of an Mx-COL-MBs suspension (of the original concentration after production) was loaded into a dialysis bag (molecular weight cutoff=12–14 kDa) and dialyzed against the release media of PBS at pH values of 4.0 and 7.4 within 0.5°C of 37.0°C, and with stirring by a magnetic bar at 600 rpm. After 0.5 hours, the 1-MHz unfocused US therapy transducer of a sonoporation system (ST 2000V, NepaGene, Ichikawa, Japan) positioned 3 mm from the top of the dialysis bag under the liquid level provided sonication at a power density of 3 W/cm<sup>2</sup> (acoustic pressure=0.266 MPa) for 1 min. One-milliliter samples were taken from the release medium after times of 0.1, 0.2, 0.3, 0.4, 0.5, 1, 2, 3, 4, 5, and 6 hours, and the same volume of PBS was added to replace it in the release medium. These samples were kept in a freezer until analyzed using a UV-visual spectrophotometer (Lambda 40, Perkin Elmer, Bridgeville, PA, USA). The mean values obtained from four replicates were calculated. The drug release profile of Mx was examined as a control. The accumulative release percentage of Mx from MB was calculated according to the following equation [25]:

$$R = \frac{c_n v_0 + \sum_{i=0}^{n-1} c_i v_i}{W} \times 100\%$$

where  $R$  is the release rate,  $c_n$  is the drug concentration in the release medium at each time point,  $v_0$  is the total volume of the release medium (100 ml),  $v_i$  is the volume of the withdrawn medium every time (1 ml),  $c_i$  is the drug concentration in the release medium at intervals of  $i$ , and  $W$  is the mass of drug used for release [25].

**Table 1.** Composition, zeta potential, diameter, and Mx encapsulation efficiency of various MBs.

MBs	Method	COL:Mx	No Mx		With Mx		Encapsulation efficiency (%)
			Zeta potential (mV)	Size (μm)	Zeta potential (mV)	Size (μm)	
MBs	Sonochemistry	0:1	-8.52±0.81	1.55±0.27	-0.43±1.01	1.46±0.30	2.55±0.15
COL-MBs (1:1)	Adsorption	1:1	20.23±1.20	4.15±0.17	0.41±1.73	4.50±0.10	14.87±0.03
COL-MBs (2:1)	Adsorption	2:1	24.98±1.10	4.36±0.05	20.54±1.02	4.69±0.27	11.68±0.01
COL-MBs (3:1)	Adsorption	3:1	25.23±2.60	4.25±0.82	21.10±1.97	4.30±0.12	10.90±0.01



**Figure 2:** Schematic diagram of *in vitro* release rate behaviors of Mx from MB vesicles.

### Measurements of penetration depth in pigskin

Fresh porcine ear skin with hair follicles was obtained from the Affiliated Slaughterhouse of New Taipei City Meat Market, and all experiments on them were completed within 6 hours. Circular porcine ear skin samples were constructed with a radius of 1.2 cm and a thickness of 3 mm (encircled with US gel to prevent leakage); the round area of each pigskin sample was loaded with FITC or MBs. The treatment area of the sample was sonicated by the 1-MHz US transducer of the sonoporation system attached to the top of the sample under the liquid level, and was performed successively at a power density of 3 W/cm<sup>2</sup> (acoustic pressure=0.266 MPa) for 1 min after adding 500  $\mu$ l of the MBs with 0.1 mg of FITC. The MBs and FITC solution was left for 6 hours after sonication, removed, and then the area was washed three times for 1 min each with PBS. The treated areas of pigskin were removed and then embedded in an optimal-cutting-temperature solution (Surgipath FSC 22, Leica Microsystems, Buffalo Grove, IL, USA) on round specimen disks with a diameter of 2.2 cm. The embedded samples were placed on the -25°C freezing stage of a cryostat (Microm HM550 series, Thermo, Braunschweig, Germany) for about 30 min. Transverse sectioning was performed at a slice thickness of 10  $\mu$ m. Sections attached to the microscopy slides were air-dried at room temperature and mounted for microscopy examination. The distribution of the FITC in the cryosections was determined by Upright fluorescence microscope in the transmission and fluorescence modes (DM 2500, Leica Microsystems, Wetzlar, Germany) [26].

### *In vitro* skin penetration by Mx

Fresh porcine ear skin with hair follicles was obtained from the Affiliated Slaughterhouse of New Taipei City Meat Market, and all experiments on them were completed within 6 hours. A 2-mm-thick sample

of pigskin was harvested using a Humby knife, carefully cleaned with PBS, and cut into square pieces (2 cm  $\times$  2 cm). The *in vitro* skin penetration was then tested using static Franz diffusion cells (Fig. 3) over an area of 2.14 cm<sup>2</sup> according to the experimental design used in our previous study [20]. The temperature of the diffusion assembly was maintained at 37°C. The probe of the sonoporation system, MBs, 0.3 mg of Mx (molecular weight=209.25, Sigma-Aldrich), or Mx-COL-MBs (containing 0.3 mg of Mx) in PBS (1 ml) (as a control) were applied to the donor cells facing the stratum corneum side of the skin, and occluded with Parafilm (Pechiney Laboratory Safety Products and Apparel, Chicago, IL, USA). The receptor diffusion half-cell facing the dermis side was filled with PBS (pH 7.4, 12 ml); that cell contained a magnetic stirring bar rotating at 600 rpm and 0.01% gentamicin to prevent bacterial degradation of the Mx during the penetration process. Solutions in the diffusion cell without MBs were filtered through a 0.2- $\mu$ m micropore filter (Nalgene, Rochester, NY, USA) or a 0.22- $\mu$ m micropore filter (Millex, Darmstadt, Germany). Aliquots (200  $\mu$ l) of receptor solution were taken after various time points (0.5, 1, 2, 3, 4, 5, 6, 8, 12, and 18 hours), with the cell refilled each time with the same volume of fresh receptor solution. After 0.5 hours, the 1-MHz US transducer of the sonoporation system (ST 2000V, NepaGene) positioned 3 mm from the top of the skin provided sonication at a power density of 3 W/cm<sup>2</sup> (acoustic pressure=0.266 MPa) for 1 min. Samples were kept in a freezer until analyzed by a UV-visual spectrophotometer (Lambda 40, Perkin Elmer).

At the end of the penetration experiments (i.e., after 18 hours), the skin sample was detached from the diffusion cell and carefully rinsed five times with distilled water to remove excess Mx from its surface. The skin was cut into 0.1-g pieces and homogenized with 1 ml of receptor solution for 2 min at 10,000 rpm (Polytron-Aggregate PT3100, Kinematica, Luzern,

Switzerland). The homogenized suspension was centrifuged for 25 min at 3,100×g (Thermo Fisher Scientific, Bremen, Germany) and then the concentrations of Mx in the supernatant were determined using a UV-visual spectrophotometer. Sample volumes of 200 µl were added to the cuvette and placed in the spectrophotometer. The Mx calibration curve served as the standard curve against which the absorption peaks and the corresponding concentrations of Mx in the samples were measured.

### Animal treatments

Six-week-old C57BL/6 mice weighing 20–25 g were obtained from Bio Lasco (Taipei, Taiwan). The experimental protocol was approved by the Institutional Animal Care and Use Committee of the National Defense Medical Center, Taipei, Taiwan. Animals were cared for in compliance with institutional guidelines and regulations. Throughout the experiments, the animals were housed in stainless-steel cages in an air-conditioned room with the temperature maintained at 25–28°C and with alternating light and dark periods of 12 hours each. The animals were acclimatized for 7 days prior to the experiments. An area of about 10 cm<sup>2</sup> on the dorsal skin of each animal was shaved using an animal clipper when the animal was 8 weeks of age, at which time all of the hair follicles were synchronized in the telogen phase, and the skin color was measured using the CR-400 Chroma Meter device (Konica Minolta Sensing, Tokyo, Japan). The animals were divided into the following five groups (*n*=6 per group, treatment applied once daily for 3 weeks): (i) no treatment (C group), (ii) penetrating Mx alone (Mx group), (iii) US combined with penetrating Mx (US

group), (iv) US combined with MBs and penetrating Mx (US+MBs group), and (v) US combined with Mx-COL-MBs (US+Mx-COL-MBs group). The US was applied at 3 W/cm<sup>2</sup> (acoustic pressure=0.266 MPa) for 1 min, and 0.3 mg/ml (0.5 ml/cm<sup>2</sup>) Mx was used in all cases. The change in skin color induced by each of the treatments was assessed at predetermined times using the Chroma Meter. The luminosity index, *L* [27], was calculated on each measurement day before and after treatment. The hair growth rate was calculated according to the *L* value using the following equation:

$$\text{Hair growth rate (\%)} = \frac{L_1 - L_n}{L_1} \times 100\%$$

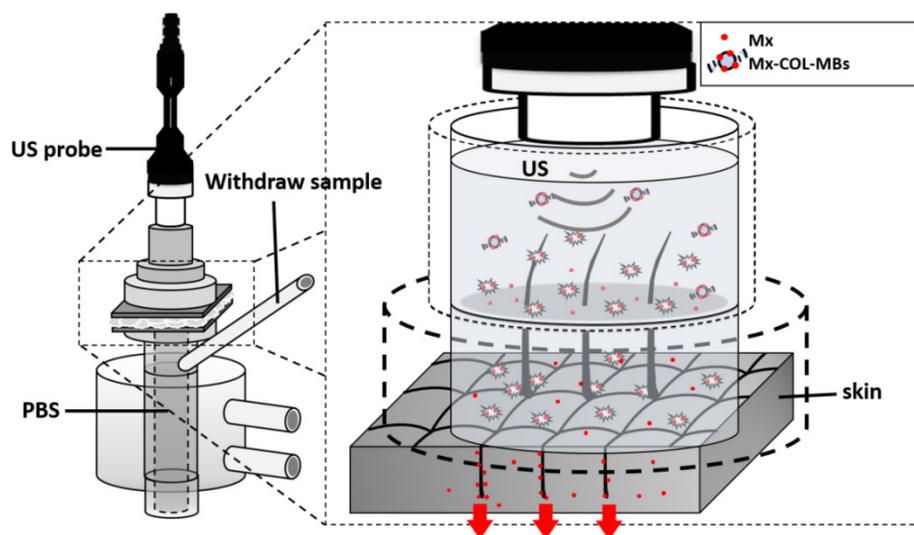
where *L*<sub>1</sub> is the luminosity index immediately after removing the hair and *L*<sub>*n*</sub> is the luminosity index at each measurement time point.

### Histochemistry

Skin tissue samples (approximately 8 mm × 8 mm) were cut from the treatment area immediately after the experiments and stored in a 10% formalin solution. Hematoxylin and eosin (Sigma-Aldrich) staining was applied, and the thickness, diameter, and number of hair follicles were analyzed by an image analysis system (TissueFAXS 3.5, TissueGnostics, Vienna, Austria) using both the scanner (TissueQuest) and cytometry (HistoQuest) analysis packages provided with the system.

### Statistical analysis

The obtained data were analyzed statistically using Student's *t*-test. A probability value of *p*<0.05 was considered indicative of a significant difference. Data are presented as mean±SD values.



**Figure 3:** System setup for measuring in vitro skin penetration using static Franz diffusion cells.

## Results

### Preparation and characterization of Mx-COL-MBs

The mean diameters of the MBs, COL-MBs, and Mx-COL-MBs were 1480, 4150, and 4500 nm (Fig. 4A). The zeta potentials of the MBs, COL-MBs and Mx-COL-MBs (with COL:Mx=1:1, 2:1 and 3:1) dispersed in an aqueous solution (pH=6.4, resistance=18.2 mΩ) were measured using a Nanoparticle analyzer (Horiba, Kyoto, Japan). Albumin is a negatively charged protein at pH 7, and the MBs had a negative potential of  $-8.52 \pm 0.81$  mV (mean±SD). Upon COL and Mx conjugation, the surface potentials of the COL-MBs and Mx-COL-MBs reversed to  $+20.23$ – $25.23$  mV and  $+0.41$ – $21.01$  mV (Fig. 4B and Table 1). The encapsulation efficiency of the Mx coated on the albumin MB shells was analyzed using an ELISA reader (Epoch, Biotek, Winooski, VT,

USA). The absorbance spectra of the human serum albumin (HSA) solution; Mx; MBs, Mx-COL, and Mx-COL-MBs after US sonication (destruction); and normal saline solution are shown in Fig. 5A. HSA and albumin-shelled MBs absorb light at 280 nm, whereas Mx and Mx-COL-MBs absorb light at 230, 261, and 285 nm. Figure 5B shows the calibration curves of Mx at various concentrations. The maximum loading efficiency of Mx on COL-MBs (with COL:Mx=1:1) was 14.87% ( $n=5$ ). Figure 6A–C show scanning electron microscopy (SEM) images of the MBs, COL-MBs, and Mx-COL-MBs, respectively. The composite structures of the albumin MB shell, COL-MB shell, and the Mx-COL-MB shell were observable by SEM, which indicated the presence of small protein particles on the MB surface that appeared to be smoother after COL coating and the inclusion of some nanoscale particles after Mx coating.

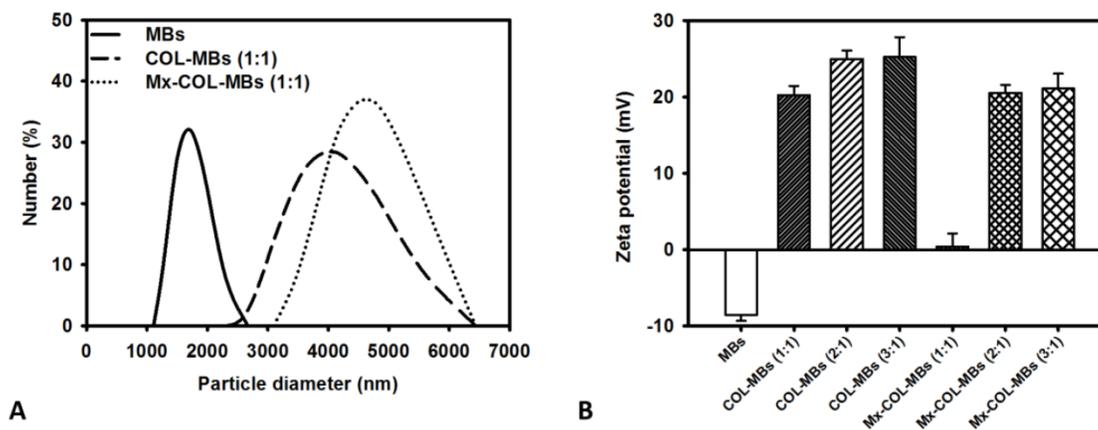


Figure 4: Quantification of the size distributions (A) and zeta potentials (B) of MBs, COL-MBs, and Mx-COL-MBs.

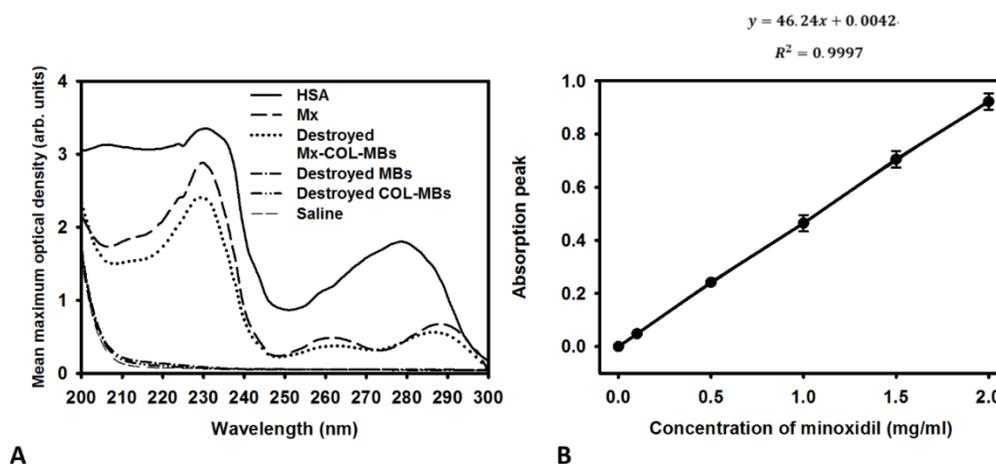


Figure 5: (A) Absorbance spectra of the HSA solution; Mx; Mx-COL-MBs, MBs, and COL-MBs after US sonication (destruction); and normal saline solution. (B) Calibration curve of the absorption of Mx versus its concentration.

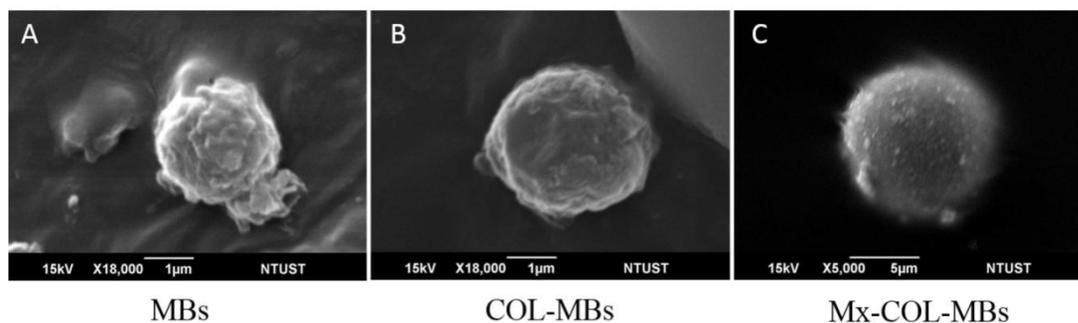


Figure 6: Scanning electron microscopy (SEM) images of the (A) MBs, (B) COL-MBs, and (C) Mx-COL-MBs.

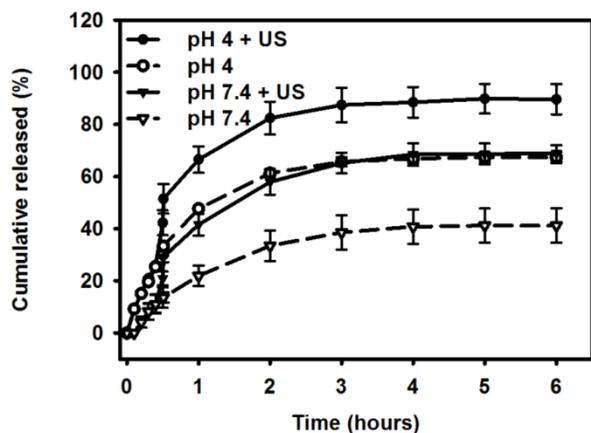


Figure 7: Comparative cumulative drug release of Mx after 6 hours from Mx-COL-MBs with and without US sonication in PBS (pH 4 and 7.4).

### In vitro release study

Figure 7 shows the percentage cumulative drug release after 6 hours for Mx-COL-MBs and US combined with Mx-COL-MBs (US+Mx-COL-MBs) in phosphate-buffered saline (PBS; pH 4 and 7.4). In the pH-7.4 environment, the diffusion (accumulative release percentage) of free Mx through the dialysis membrane relative to the control was only 13.6% over the first 0.5 hours, and this increased to 29.2% with US sonication. In the pH-4 environment, the diffusion of free Mx through the dialysis membrane relative to the control was 30.3% over the first 0.5 hours, and this increased to 51.4% with US sonication. With US sonication, the *in vitro* release profile of the Mx showed a rapid release of just over 57% at pH 7.4 and 80% at pH 4 during the first 2 hours, and then a slower but sustained release of Mx from the Mx-COL-MBs to just over 68% at pH 7.4 and 89% at pH 4 after 6 hours. Without US sonication, the amount of free drug suspension released across the dialysis membrane was reduced, to only 41.2% at pH 7.4 and 67.3% at pH 4 after 6 hours. These findings indicate that US energy can enhance drug release by 20–26% and also that the pH value affects the efficiency of Mx release from Mx-COL-MBs.

### Measurements of penetration depth in pigskin

*In vitro* skin permeation studies have demonstrated the ability of US-mediated MB cavitation to act on the hair follicle of drug as compared to US alone (Fig. 8). The intensities of the fluorescence signals transmitted from the model drug fluorescein isothiocyanate (FITC) detected in the histology sections were approximately 10.7 and 7.8 orders of magnitude higher in the US combined with MBs and penetrating FITC (US+MBs) group (Fig. 8F, penetration depth=1856±45 µm) than in the FITC alone (Control) group (Fig. 8D, penetration depth=312±19 µm) and the US combined with penetrating FITC (US) group (Fig. 8E, penetration depth=405±23 µm), respectively, when the FITC solution was left for 6 hours. The detected fluorescence signal was weaker for the control and US-treated skin sites, and identical results were obtained for all hair follicles in all tissue samples for the US+MBs group.

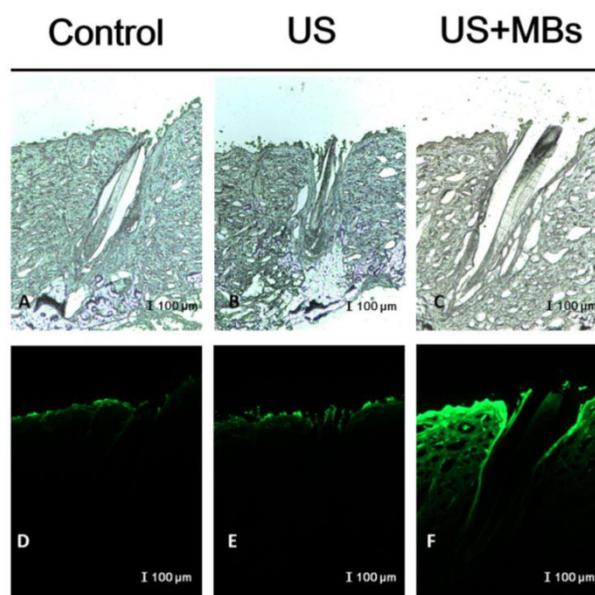
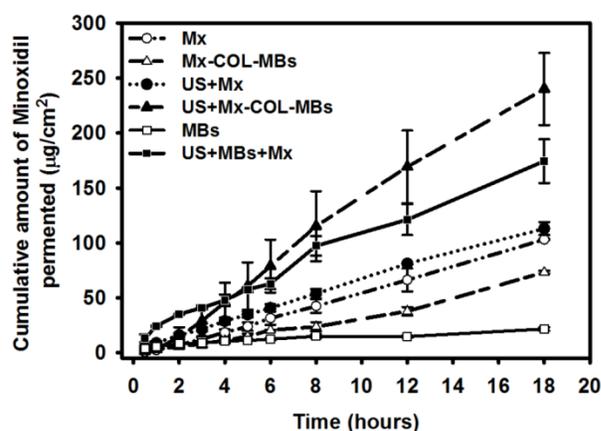


Figure 8: Bright-field microscopy (A–C) and fluorescence microscopy (D–F) images of the model drug FITC in the control, US, and US+MBs groups after the FITC solution had been left for 6 hours.



**Figure 9:** Mx concentrations in the MBs, Mx-COL-MBs, Mx, US+Mx, US+MBs+Mx, and US+Mx-COL-MBs groups for percutaneous penetration over 18 hours as analyzed using a UV-visual spectrophotometer. Data are mean and SD values.

### In vitro skin penetration by Mx

Figure 9 shows the Mx concentrations in the six groups for percutaneous penetration over 18 hours as analyzed using a UV-visual spectrophotometer. The concentration in the US combined with MBs and penetrating Mx (US+MBs+Mx) group increased rapidly during the first 6 hours, reaching  $62.9 \pm 5.0 \mu\text{g/ml}$ , and then gradually leveled off between 8 to 18 hours. At 18 hours the concentration was significant higher ( $p < 0.05$ ) in the US combined with Mx-COL-MBs (US+Mx-COL-MBs) group ( $240.0 \pm 32.8 \mu\text{g/ml}$ ) than in the US+MBs+Mx ( $174.3 \pm 19.8 \mu\text{g/ml}$ ), US combined with penetrating Mx (US+Mx) ( $113.0 \pm 6.0 \mu\text{g/ml}$ ), Mx alone (Mx) ( $103.1 \pm 0.5 \mu\text{g/ml}$ ), Mx-COL-MBs alone (Mx-COL-MBs) ( $73.3 \pm 1.4 \mu\text{g/ml}$ ), and MBs alone (MBs) ( $21.7 \pm 1.6 \mu\text{g/ml}$ ) groups. The concentration differed significantly ( $p < 0.05$ ) between the MBs, Mx-COL-MBs, Mx or US+Mx, US+MBs+Mx, and US+Mx-COL-MBs groups. Combining US with Mx-COL-MBs and MBs+Mx resulted in 2.3 and 1.7 times the penetration and deposition, respectively, of Mx relative to the Mx group. Table 2 indicates that the amounts of Mx that were deposited in the skin and appeared to be higher in the Mx group than in the US+Mx groups ( $p < 0.01$ ), and significantly so compared to the Mx-COL-MBs, US+MBs+Mx and US+Mx-COL-MBs groups ( $p < 0.001$ ).

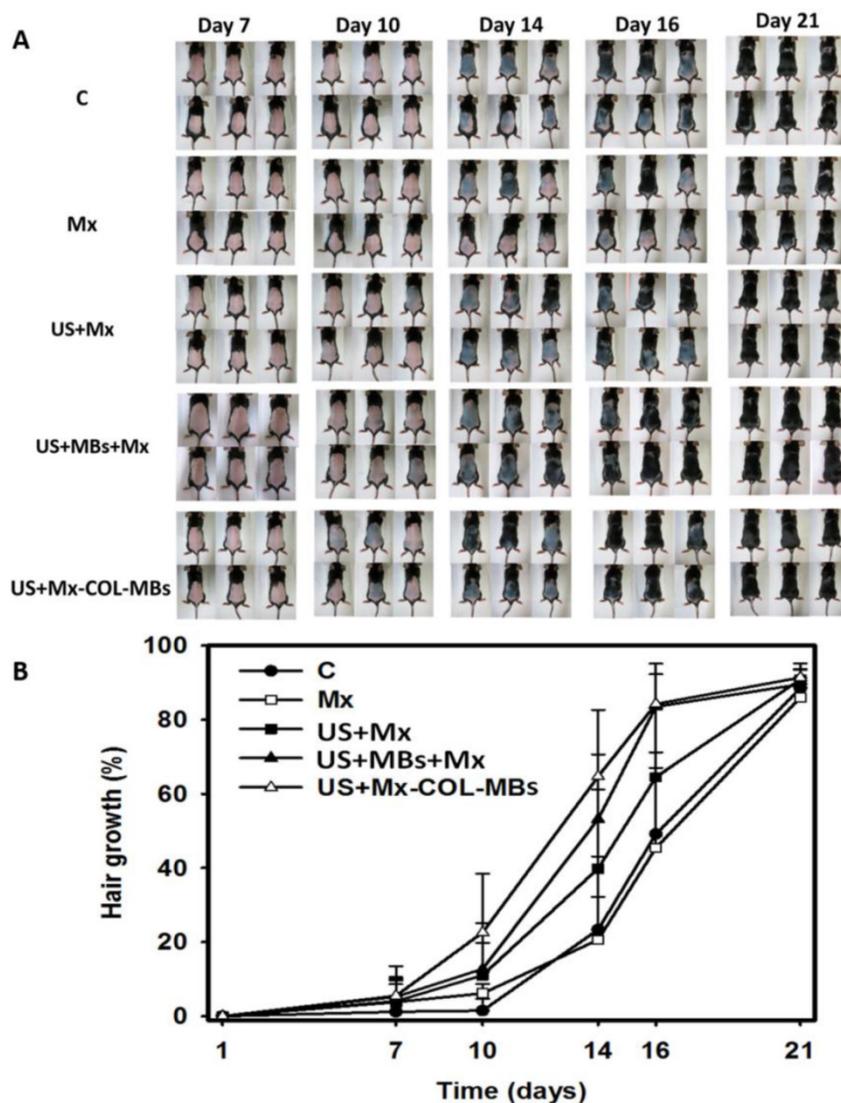
**Table 2.** Permeated amount of Mx at 18 hours, deposited on the skin and penetrated across the skin. Data are mean  $\pm$  SD values. Mx, penetrating Mx alone; US, US combined with penetrating Mx; US+MBs, US combined with MBs and penetrating Mx; US+Mx-COL-MBs, US combined with Mx-COL-MBs.

Group	Skin weight (g)	Amount of Mx deposited on skin ( $\mu\text{g/ml}$ )	Amount of Mx penetrated across skin ( $\mu\text{g/ml}$ )	Total amount of Mx permeated ( $\mu\text{g/ml}$ )
Mx	0.1659 $\pm$ 0.0325	52.42 $\pm$ 9.55	103.10 $\pm$ 0.51	155.54 $\pm$ 10.05
US+Mx	0.1557 $\pm$ 0.0198	33.02 $\pm$ 1.56	113.01 $\pm$ 5.95	126.04 $\pm$ 7.52
Mx-COL-MBs	0.1845 $\pm$ 0.0376	26.75 $\pm$ 3.98	73.26 $\pm$ 1.42	100.01 $\pm$ 5.40
US+MBs+Mx	0.1654 $\pm$ 0.0214	27.33 $\pm$ 2.73	174.34 $\pm$ 14.01	201.68 $\pm$ 16.74
US+Mx-COL-MBs	0.1430 $\pm$ 0.0253	17.43 $\pm$ 1.12	240.04 $\pm$ 32.82	257.48 $\pm$ 33.94

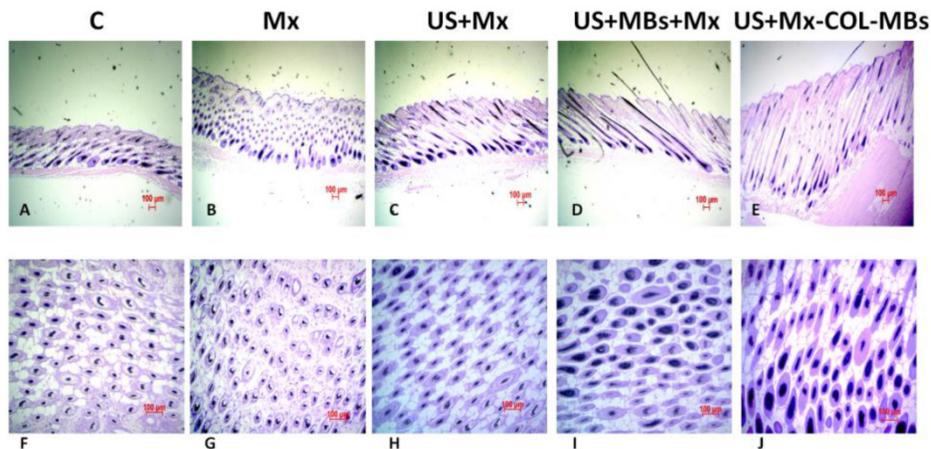
### Animal treatments

Figure 10A shows photographs of mouse skin in a completely untreated animal (day 1) and in the C, Mx, US+Mx, US+MBs+Mx, and US+Mx-COL-MBs groups at various time points after treatment. At day 10, the skin brightness for the five mice in the US+Mx-COL-MBs group was more effectively decreased compared to the US+MBs+Mx (decreased in three mice), US+Mx (decreased in one mouse), Mx (decreased in one mouse), and C (not decreased in any mice) groups. At day 14, the hair growth was greater in all mice in the US+Mx-COL-MBs group than in the other four groups. Figure 10B demonstrates the effects of Mx on dorsal hair growth over 21 days. At days 10 and 14, the growth rates in the US+Mx-COL-MBs group had increased by 22.6% and 64.7%, respectively. At that time point there were obvious significant differences ( $p < 0.05$ ) between the US+Mx-COL-MBs group and the other four groups. At day 16, the growth rate had reached a plateau in the US+Mx-COL-MBs group, with an increase of 84.2%, while the growth rates in the C, Mx, US+Mx, and US+MBs+Mx groups had increased by 49.2%, 45.5%, 64.5%, and 83.5%, respectively. At that time point the growth rate did not differ significantly between the US+Mx-COL-MBs and US+MBs+Mx groups ( $p > 0.05$ ).

The histology images in Fig. 11 indicate that no skin damage was evident in any of the US treatment groups. Histological analysis of transverse sections (Fig. 11A-E) revealed that there were significant increases in skin thickness after 21 days of Mx application, in hair length after 21 days of US application, and in hair length in the US+MBs+Mx and US+Mx-COL-MBs groups. The enhancements of skin thickness and hair length were greatest in the US+Mx-COL-MBs group. Moreover, the combination of US and MBs promoted the elongation of hair follicles from the epidermis down to the subcutis in vertical sections. The histological analysis of coronal sections (Fig. 11F-J) revealed that the number of hair follicles was not increased after treatment ( $P > 0.05$ ). The diameter of the keratinized hair shaft and the hair follicle size were both increased in the US+Mx, US+MBs+Mx, and US+Mx-COL-MBs groups (especially the latter two).



**Figure 10:** (A) Gross observations of the dorsal skin of C57BL/6 mice. The dorsal skin surfaces of the mice were shaved, and then test compounds were topically applied for 3 weeks. C, no treatment; Mx, penetrating Mx alone; US, US combined with penetrating Mx; US+MBs, US combined with MBs and penetrating Mx; US+Mx-COL-MBs, US combined with Mx-COL-MBs. (B) Quantification of hair growth rates on the dorsal skin after shaving the hair in various mouse groups over 21 days. Data are mean and SD values.



**Figure 11:** Histological observations of hair follicles in C57BL/6 mice. The dorsal skin surfaces of the mice were shaved, and then test compounds were topically applied for 3 weeks. Vertical (A–E) and coronal (F–J) views of the hair follicles. C, no treatment; Mx, penetrating Mx alone; US, US combined with penetrating Mx; US+MBs, US combined with MBs and penetrating Mx; US+Mx-COL-MBs, US combined with Mx-COL-MBs.

## Discussion

Serum albumin has been widely used in nanoscale- and microscale-particle drug carrier systems due to its nontoxic, nonantigenic, and biodegradable properties [28]. Modifying the anionic side-chain carboxylic groups of albumin with a cationic amino group produces cationic serum albumin, which has low cytotoxicity and good biocompatibility since the cationization does not destroy the protein structure and its properties [29]. In the present study, a biodegradable, low-molecular-weight cationic polymer (COL) was added to the albumin-shelled MBs to form stable cationic COL-MBs. A previous study showed that chitosan microparticles containing different proportions of Mx and polymer had a high encapsulation efficiency (82%) of Mx [30]. That study found that larger proportions of Mx in relation to the polymer resulted in a higher percentage of Mx encapsulation. In our study (see Table 1), Mx-COL-MBs with COL:Mx=1:1 had the highest loading efficiency of Mx on COL-MBs, and this did not vary in proportion with the ratios of Mx and COL, which may be due to limitations of the drug loading capacity of the MBs owing to the limited surface area [31]. The zeta potential in 1:1, 2:1 or 3:1 COL-MBs are very similar since the limited surface area of MBs. Moreover, in some 2:1 or 3:1 COL-MBs, the extra free COL escaped from MBs may be absorbed with Mx and decreased the loading efficiency.

The *in vitro* investigation found that while the application of US energy can enhance drug release, using a low pH value can also increase the efficiency of Mx release from Mx-COL-MBs. Since chitosan is a pH-sensitive polymer, the pH and the nature of the dispersive medium affect the swelling properties of chitosan. The swelling properties of COL in low pH may lead to unstable conjugation between Mx and COL-MBs, and increase the Mx released from COL-MBs. This property can be utilized to improve the Mx delivery into the scalp since the pH of the scalp (like the rest of the skin) is around 5.5 [32]. In experiments of the FITC penetration depth in pigskin, combining US with MBs resulted in more efficient and deeper penetration into the hair follicles compared to using US alone, and hence it can therefore deliver a drug closer to the target structure of interest in the hair follicles.

The *in vitro* permeation profiles of Mx through the skins are shown in Fig. 9 and Table 2, which indicate that the drug concentration in the receptor chambers increased steadily over time. Although the concentrations in the US+MBs+Mx group increased more rapidly relative to the other groups during the

first 6 hours, it then became closer to or even lower than the US+Mx-COL-MBs group from 6 to 18 hours. Our results indicate that combining US with Mx-COL-MBs increased the total delivered concentration of Mx and did not influence the time trend of Mx delivery relative to using US alone. Combining US and MBs can initially rapidly improve the permeation of free Mx molecules, with this effect gradually leveling off between 8 and 18 hours.

C57BL/6 mice are commonly used to screen agents for promoting hair growth, because their truncal pigmentation is dependent on their follicular melanocytes, which produce pigment only during the anagen phase [33]. In our study, the untreated animals also showed considerable hair growth on the 21th day after the treatment. The proportion of mice that produced pigment on the 10<sup>th</sup> day was highest in the US+Mx-COL-MBs group and lowest in the US+Mx and US+MBs+Mx groups. This was due to Mx shortening the telogen phase while having no effect on the duration of the anagen phase [34]. US combined with MBs and US combined with Mx-COL-MBs increased the effects of Mx so as to shorten the telogen phase. Similar to some previous studies, our histological study indicated that Mx induced thick and long hair after 21 days of topical application, and it also promoted the elongation of hair follicles from the epidermis down to the subcutis in vertical sections (Fig. 11A-E) [35]. The application of US+Mx, US+MBs+Mx and US+Mx-COL-MBs enhanced these effects. In these three groups the number of hair follicles was not increased, but the diameter of the hair shafts and the size of the hair follicles were both increased more significantly than in the Mx group, especially in the US+MBs+Mx and US+Mx-COL-MBs groups.

## Conclusion

This study provides a new integrated transdermal drug delivery platform for enhancing and monitoring the delivery of Mx to hair follicles by utilizing multifunctional MBs. US can locally treat the skin, and the application of the new Mx-COL-MBs significantly improves the deposition of Mx. The combined use of US and Mx-COL-MBs provides an important means to increase the rate of hair growth and the diameter of keratinized hair shafts. Most importantly, US combined with Mx-COL-MBs can significantly enhance hair growth in water without requiring the use of any chemical enhancement method to increase the skin permeability.

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## Competing Interests

The authors have declared that no competing interest exists.

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