1 Supplementary Data

| % SCMC | Shear rate,1/s | True Visc, mPa-s | | Mean | SD | |
|------------|-------------------|------------------|--------------|-------|------|--------|
| 0.25% | 7000 | 1.53 | 1.538 | 1.541 | 1.54 | 0.0035 |
| 0.50% | 6000 | 1.871 | 1.866 | 1.872 | 1.87 | 0.0032 |
| 0.75% | 4000 | 2.174 | 2.181 | 2.178 | 2.18 | 0.0035 |
| 1.00% | 4000 | 2.721 | 2.734 | 2.721 | 2.73 | 0.0075 |
| 1.25% | 3000 | 4.181 | 4.169 | 4.165 | 4.17 | 0.0083 |
| 1.50% | 2000 | 5.036 | 5.199 | 5.054 | 5.10 | 0.0894 |
| SCMC: sodi | ium carboxyme | thylcellulose, | Visc: Viscos | sity | | |
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2 Table S1. Viscosity Measurement

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| No. | %SCMC | Color change on PADs | | | pH on | pH meter |
|-----|-------|----------------------|----------|--------|-----------|-------------------|
| | | 1 | 2 | 3 | PADs | |
| 1 | 0.25 | ar. | N | See. | 6.6-6.8 | 6.401 ± 0.018 |
| 2 | 0.25 | S. | | 5 | 8.0 | 8.003 ± 0.002 |
| 3 | 0.50 | S. | | - | 7.2-7.4 | 7.284 ± 0.037 |
| 4 | 0.50 | S. | ale | 1 | 6.8-7.0 | 6.858 ± 0.002 |
| 5 | 0.75 | | 300 | a lo | 5.8 | 5.700 ± 0.060 |
| 6 | 0.75 | 300 | S. | de la | 7.8 - 8.0 | 7.826 ± 0.045 |
| 7 | 1.00 | de la | are . | are . | 7.8 - 8.0 | 8.252 ± 0.001 |
| 8 | 1.00 | 000 | ale | an | 7.0 | 7.199 ± 0.051 |
| 9 | 1.25 | a lo | are | alle a | 7.0 | 7.107 ± 0.019 |
| 10 | 1.25 | allo | S. | ans. | 8.5 | 8.908 ± 0.049 |
| 11 | 1.50 | de la | er. | | 6.6 | 6.552 ± 0.021 |
| 12 | 1.50 | ST. | a to | ST. | 7.8 | 7.896 ± 0.010 |

3 SCMC: sodium carboxymethylcellulose, PADs: paper-based analytical devices

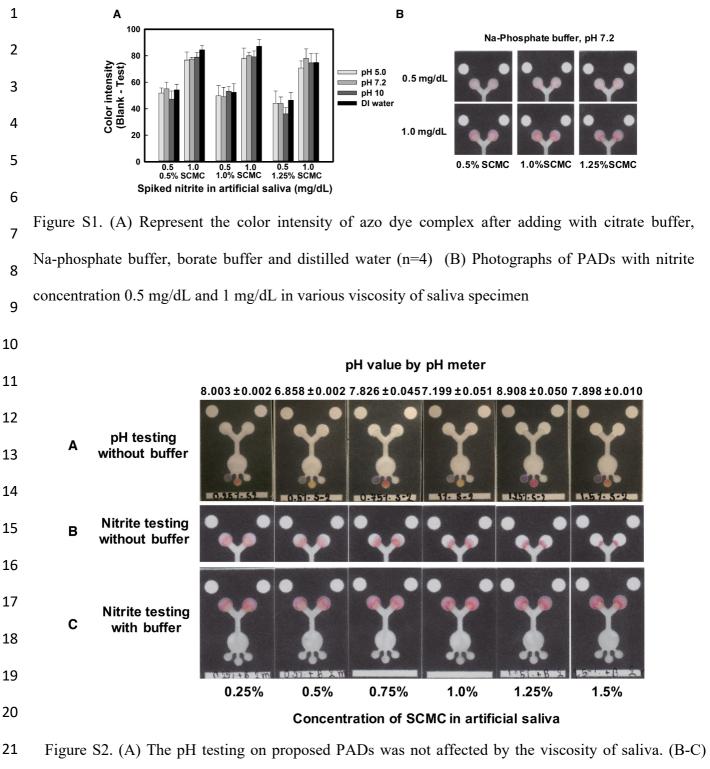
| Days | Spiked | Condition | PADs | | pH on PADs | |
|------|---------------|-----------|-----------------|---------|------------|----------|
| | concentration | | (mg/dL) | | | |
| | (mg/dL) | | (n=6) | Low | Normal | High |
| | | | | (5.651) | (7.132) | (10.186) |
| 2 | 1.00 | RT | 0.94 ± 0.23 | er. | de la | 3 |
| | | 4 °C | 0.90 ± 0.13 | 315 | and a | 336 |
| 4 | 1.00 | RT | 0.81 ± 0.12 | àns | de la | 3 |
| | | 4 °C | 0.96 ± 0.19 | 310 | de la | 000 |
| 7 | 1.00 | RT | 0.99 ± 0.09 | de la | de la | 3 |
| | | 4 °C | 1.02 ± 0.10 | er. | are . | ar |
| 10 | 1.00 | RT | 0.97 ± 0.13 | an | an | ar |
| | | 4 °C | 1.07 ± 0.17 | 5 | are - | de la |
| 14 | 1.00 | RT | 0.68 ± 0.15 | a | | S. |
| | | 4 °C | 1.07 ± 0.13 | an. | an . | de la |
| 21 | 1.00 | RT | 0.72 ± 0.18 | and a | der. | - A |
| | | 4 °C | 1.03 ± 0.31 | en o | su. | S. |
| 30 | 1.00 | RT | 0.92 ± 0.20 | | S. | |
| | | 4 °C | 1.04 ± 0.08 | | 3 | S. |

1 Table S3. Reagent stability

2 Day 30 Spectrophotometer Nitrite concentration $1.01 \pm 0.01 \text{ mg/dL}$

1 1. pH color index preparation

| 2 | For preparation the pH color scale, The PADs design with diameter 4 mm of detection |
|----|--|
| 3 | area was fabricated using wax printing technique and 0.3 μ L of each indicator was deposited |
| 4 | in to pH sensing area. Phenol red indicator was required 0.6 μL or 2 drops of solution. The |
| 5 | PADs were allowed to dry at room temperature for 5 min. The scale for reading of pH was |
| 6 | conducted as follows: 0.5 μ L of buffer solution or saliva sample containing a various of pH |
| 7 | in range 5 to 10 were added on top of sensing area. The change of color on PADs was |
| 8 | recorded within 1-2 min via smartphone. |
| 9 | |
| 10 | 2. Optimization the optimum types and pH of washing buffer |
| 11 | To investigate the effect of pH on the formation of azo dye complex, citrate buffer |
| 12 | with pH 5, Na-phosphate buffer with pH 7.2, borate buffer with pH 10 and distilled water |
| 13 | were prepared and tested on proposed device. In this study, 0.7 μ L of Griess reagent was |
| 14 | immobilized into detection areas and control area and left to dry in the dark plate for 10 min. |
| 15 | Then,13 μ L of saliva specimen containing 0.5 or 1.0 mg/dL of nitrite was added into sample |
| 16 | area. The fluid can be directly absorbed into sample area and flowed through the channel. |
| 17 | Finally, each buffer was applied into sample area and waiting until saliva fluid was spread |
| 18 | out into detection areas, approximately 5-7 min. Figure S1 represents the color signal of each |
| 19 | buffer and the photographs of PADs after adding Na-phosphate buffer. |
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Prigure 32. (A) The priviesting on proposed PADs was not affected by the viscosity of saliva. (B-C)
Nitrite measurement was effected by the viscosity of solution and the accuracy for nitrite
quantification was improved by added the washing buffer to spread out saliva solution.

