

Review



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# Lymphatic Imaging: Focus on Imaging Probes

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#### Abstract

In view of the importance of sentinel lymph nodes (SLNs) in tumor staging and patient management, sensitive and accurate imaging of SLNs has been intensively explored. Along with the advance of the imaging technology, various contrast agents have been developed for lymphatic imaging. In this review, the lymph node imaging agents were summarized into three groups: tumor targeting agents, lymphatic targeting agents and lymphatic mapping agents. Tumor targeting agents are used to detect metastatic tumor tissue within LNs, lymphatic targeting agents aim to visualize lymphatic vessels and lymphangionesis, while lymphatic mapping agents are mainly for SLN detection during surgery after local administration. Coupled with various signal emitters, these imaging agents work with single or multiple imaging modalities to provide a valuable way to evaluate the location and metastatic status of SLNs.

Key words: Sentinel lymph node, contrast agent, PET, MRI, fluorescence, imaging.

# Introduction

Besides removing interstitial fluid from tissues to maintain tissue interstitial pressure, the lymphatic system plays a very important role in immune response by providing a transport route for antigen-presenting cells (APCs) and white blood cells [1]. At the same time, it serves as a transport route for disseminating tumor cells, resulting in metastases. Although the exact mechanism is not clear, it is well taken that the lymphatics has advantages over the blood circulation for tumor metastasis, possibly due to the large cavity of lymph vessels and slow velocity of lymph [2]. Consequently, many types of malignant tumors such as breast cancer, melanoma, and prostate cancer are prone to metastasize first to regional lymph nodes (LNs), through tumor associated lymphatic channels [3, 4].

The amount of spread to nearby lymph nodes is one of the components for TNM staging system, which has been accepted by the Union for International Cancer Control (UICC) and the American Joint Committee on Cancer (AJCC). In addition, the status of the tumor draining LNs or sentinel LNs (SLNs) serves as an indicator of prognosis and therapeutic decision-making [5, 6]. So far, the gold standard to stage the LNs is lymphadenectomy and histologic evaluation, which is invasive and limited by surgical field for nodal sampling and lack of accuracy [7]. With the development of imaging techniques, currently, pre-surgical diagnosis of SLNs is often based on their morphologic change observed by magnetic resonance imaging (MRI) or x-ray computed tomography (CT). The application and limitation of these imaging modalities have been summarized in details elsewhere [8].

Since the current assessment of lymph nodes relies on morphology and anatomy rather than function and physiology, tumor metastasis is mainly evaluated based on the size and the shape of the involved lymph node [9]. However, nodal metastases are often microscopic, so neither CT nor MRI can rule them out reliably [10]. Besides, it is very challenging for CT and MRI to visualize SLNs when they are small or have similar signal intensities with surrounding healthy soft tissues [11]. Consequently, various imaging probes have been developed with the aim to better visualize and characterize the lymphatics [12]. Based on imaging purpose and underlying mechanisms, these probes can be categorized into three classes, including tumor targeting agents, lymphatic targeting agents and lymphatic mapping agents.

#### **Tumor targeting agents**

As the name indicates, tumor targeting agents recognize specific biomarkers, pathways on/within tumor cells or tumor microenvironment to achieve tumor/non-tumor signal contrast for tumor visualization. Majority of tumor targeting agents are labeled with radionuclides for either single photon emission computed tomography (SPECT) or positron emission tomography (PET). For example, fluorine-18 labeled fluorodeoxyglucose (18F-FDG), a glucose analog, usually shows high tumor accumulation due to the increased rate of glycolysis in various malignant cells [13-15]. So far, <sup>18</sup>F-FDG is the most valuable PET imaging tracer in clinical oncology and it is well accepted that FDG-PET is superior to morphologic imaging procedures for staging LNs adjacent to tumors (Figure 1) [16-18]. The high uptake of FDG in tumor metastasized LNs also allows Cerenkov luminescence imaging with a specially designed dark box [17], which may be used to provide intraoperative guidance in the detection of positive lymph nodes. Due to the extremely low yield of Cerenkov photon, clinical value of this method will need further validation.

However, increased <sup>18</sup>F-FDG uptake is not only observed in malignant tumors but also in inflammation and infection. Especially, the lack of specificity results in inaccurate identification of malignant lymph nodes in the mediastinum, which have been confirmed by numerous clinical studies [8]. Low FDG uptake in certain cancer types also encourages looking into alternative imaging tracers. Prostate cancer is characterized by an increased uptake of choline into the cell to meet increased synthesis of phosphatidylcholine, an important cell membrane phospholipid. Therefore, choline, labeled either with <sup>18</sup>F or <sup>11</sup>C, has been used for PET imaging of prostate cancer [19-22]. <sup>11</sup>C-choline could detect LN metastasis from prostate cancer with a sensitivity of 80%, specificity of 96%, and accuracy of 93% [23]. In a recent clinical study in patients with prostate cancer, <sup>11</sup>C-choline PET/CT was found to be superior for pelvic LN metastasis than multi-parametric MR imaging (Figure 1) [24]. Increased lipid synthesis in prostate cancer also results in high retention of <sup>11</sup>C-acetate or <sup>18</sup>F-acetate. It has been demonstrated that <sup>11</sup>C-acetate is better than <sup>18</sup>F-FDG in detecting local recurrences and regional lymph node metastases of prostate cancer [25]. Prostate-specific membrane antigen (PSMA) is significantly overexpressed on the surface of prostate cancer cells [26]. It has also been reported that PSMA PET/CT using a 68Ga-labeled PSMA ligand can detect lesions characteristic of prostate cancer with improved when compared contrast to <sup>18</sup>F-fluoromethylcholine PET/CT, especially at low PSA levels [27]. These results suggest that PSMA targeting imaging may be useful in detection of lymph node metastases of prostate cancer.



Figure 1. A, A representative PET/CT images of <sup>18</sup>F-FDG-positive axillary lymph node. B & C, Results for discordant false-negative MR imaging and true-positive <sup>11</sup>C-choline PET/CT with a score for T<sub>1</sub>-weighted MR imaging of 3 (B) and a score for <sup>11</sup>C-choline PET/CT of 5 (C) for LN metastasis are shown. The right internal iliac LN was indicated by arrow. (Reprinted and modified with the permission from references [17] and [24]).

Epithelial cell adhesion molecule (EpCAM) is a 40-kDa type I transmembrane protein found on epithelial cells. Overexpression of EpCAM was found in many metastasizing epithelial cancers [28, 29] and has been shown to be associated with the recurrence of prostate cancer [30]. In view of these facts, Hall *et al.* [31] developed and labeled monoclonal antibodies (mAbs) against EpCAM with a positron emitter, <sup>64</sup>Cu and a near-infrared fluorophore, IRDye800 for both noninvasive and intraoperative detection of metastatic LNs in a prostate cancer model. Between 18 and 24 h post intravenous injection, tumor metastases in LNs can be clearly visualized with both PET and optical imaging (**Figure 2**).

Integrins are a family of 24 trans-membrane proteins which mediate cell-cell adhesion and attachment of cells to extracellular matrix (ECM) [32]. Among them,  $\alpha_{v}\beta_{3}$  integrin has been intensively investigated as a target for angiogenesis imaging and therapy of various types of tumors, owing to its positive role in regulating the survival of endothelial cells and promoting angiogenesis in malignant diseases [33-36]. One dominant category of imaging probes were based on the peptide ligand of integrin  $\alpha_v \beta_3$  with the sequence of arginine-glycine-aspartic acid (RGD) [37-40]. Several RGD based tracers are in different phases of clinical trials [41]. In one small scale clinical study using <sup>18</sup>F-galacto-RGD, lymph-node metastases were detected in 3 of 8 patients [42]. In another study using 99mTc-3PRGD<sub>2</sub> SPECT, the primary lesions within lung and mediastinum could be detected along with most of the lymph node metastases [43].

Theoretically, any tumor targeting agent can be used to detect both primary tumors and metastases within LNs. Although with high sensitivity, the relatively low resolution (approximately 4–8 mm in clinical and 1–2 mm in small animal imaging systems) of PET limits its detection of micrometastases within LNs [44]. The combination of PET and CT has matured into an important clinical diagnostic tool by providing anatomical and functional data sets in a single session with accurate image co-registration [45]. A number of clinical studies demonstrated that sensitivity, specificity, positive predictive value, negative predictive value and accuracy of lymph node staging were all significantly improved with FDG-PET/CT compared with CT alone [46, 47]. Recently, with the availability of PET/MRI, FDG PET/MR has been applied to lymphoma staging and showed high sensitivity and specificity for nodal involvement in lymphoma [48, 49]. Even with these hybrid systems, novel tumor targeting probes with high sensitivity, specificity and signal contrast are still needed to visualize microscopic metastasis within LNs.

#### Lymphatic targeting agents

Tumor-induced lymph-angiogenesis (expansion of the lymphatic vasculature) in the tumor draining LNs usually precedes metastasis and leads to increased tumor spread to distal LNs and further to distal organs [50, 51]. A number of lymphatic specific markers such as podoplainin, Prox-1, LYVE-1, and VEGFR-3 have been identified [52-54]. Lymphatic targeting agents usually have been developed by labeling antibodies, or peptidic ligands against these lymphatic specific markers. For example, an IgM monoclonal antibody against the glycoproteins, which is responsible for recruiting lymphocytes into peripheral LNs [55], has been labeled with Cy7 dye for LN imaging. The dye conjugated antibody showed surprisingly high accumulation in peripheral LNs as early as 1 h after tail vein injection [56]. The same antibody has been conjugated onto polymer shell microbubbles for LN detection using ultrasound imaging after intravenous administration [57].



**Figure 2**. Noninvasive small-animal PET/CT and invasive NIR fluorescence images of representative mouse having primary prostate tumor and metastatic LNs. An anti-EpCAM mAb was conjugated with DOTA for <sup>64</sup>Cu radiolabeling and IRDye 800CW as a fluorophore. Within 18–24 h after intravenous injection of the tracer, noninvasive small-animal PET/CT was performed and immediately followed by *in vivo* NIRF optical imaging. **A**, Three-dimensional view from small animal PET/CT showed radiotracer signal in prostate region and several LNs. **B &C**, *In situ* NIR fluorescence images of ventral view from same animal confirmed presence of primary prostate tumor and cancer positive lumbar LNs and renal LNs. LLN = lumbar LN; RLN = renal LN; SLN = sciatic LN. (Reprinted and modified with the permission from reference [31]).



**Figure 3**. *In vivo* PET of inflammation-induced lymphangiogenesis in auricular LNs using <sup>124</sup>I-anti-LYVE-1 antibody. **A**, the inflamed auricular LN (black arrow) accumulated more <sup>124</sup>I-anti-LYVE-1 antibody than the contralateral control auricular LN (gray arrow). Brachial and axillary LNs were also detected (arrow heads). **B**, in vivo PET of a mouse injected with <sup>124</sup>I-control lgG; the black arrow indicates the heart. (Reprinted and modified with the permission of reference [59]).

The lymphatic vessel endothelial hyaluronan receptor (LYVE-1) is expressed predominantly on lymphatic endothelium. As an ortholog of CD44, the function of LYVE-1 is to bind HA and regulate cell migration within the lymphatic system [58]. Using an <sup>124</sup>I-labeled antibody against LYVE-1, Mumprecht et [59] performed PET with mouse al. lymph-angiogenesis models and found that the LNs bearing metastases could be visualized by PET, even though the metastases were not detected by <sup>18</sup>F-FDG PET (Figure 3).

Compared with antibodies, peptide-based imaging probes allow faster clearance due to much smaller molecular size. Lyp-1 is a cyclic 9-amino-acid cyclic peptide identified by *in vivo* phage display technology, which homes to lymphatic endothelial cells [54, 60]. Intravenous administration of FITC-LyP-1 led to prominent accumulation in the tumor tissue 16-20 h after intravenous injection [61]. The LyP-1 peptide has also been labeled with a near-infrared fluorophore Cy5.5 for optical imaging. Tumor-draining brachial LNs showed extensive growth of lymphatic sinuses throughout the cortex and medulla, indicating increased lymphangiogesis within these LNs [62].

Most approaches for cancer metastasis imaging in patients have focused on the detection of the cancer cells themselves [63, 64]. As mentioned before, nodal metastases are often microscopic. It is very challenging to visualize the tumor tissue within the LNs either by anatomical imaging or molecular imaging using tumor targeting probes [65]. Thus, the ability to detect LN lymphangiogenesis may serve as an alternative way to predict LN metastasis. However, lymphangiogenesis also happens under inflammatory stimulation since high levels of lymphangiogenic factors are produced by macrophages and granulocytes in inflamed tissue [66]. One should be cautious about image interpretation since these lymphatic targeting agents would not differentiate tumor induced lymphangiogenesis from inflammatory reaction. This may be one of the main reasons why these lymphatic targeting agents have not been used in the clinic.

## Lymphatic mapping agents

Axillary lymph node dissection (ALND) is a surgical procedure to remove the lymph nodes from axilla for diagnosis and staging of breast cancer. Although it is the most accurate method to assess nodal status, ALND is associated with several adverse long-term side effects due to the extensive surgery. As an alternative, lymphatic mapping with sentinel lymph node biopsy (SLNB) has emerged as an effective method to detect axillary metastases. Although still debatable, the clinical advantages of SLNB over ALND are apparent, and the procedure is becoming the preferred standard in patients with breast cancer or melanoma [67]. Moreover, SLNB has become established clinical practice in patients with other types of cancer including penile, anal, colorectal and prostate cancer [68].

Different from the aforementioned imaging agents, lymphatic mapping agents are developed to meet the requirement of SLNB, i.e. to detect SLNs. Consequently, most of the imaging agents in this category are administered locally, which then migrate to and are trapped inside the SLNs. So far, the most commonly used lymphatic mapping method in the clinic is a combined injection of 99mTc-labeled colloids first and vital dyes (patent blue, isosulfan blue or indocyanine green (ICG)) several hours later. SLNs can be visualized pre-operationally either by gamma scintigraphy or SPECT. The SLNs during surgery could be located with a hand-held gamma ray counter and visual contrast of the blue dye. The value of this procedure has been substantiated in numerous clinical studies [69, 70].

However, this method has several drawbacks. Firstly, it requires separate administration of <sup>99m</sup>Tc-labeled colloids and dyes because of different rate of local migration [71]. Secondly, scintigraphy and SPECT show relatively low sensitivity and spatial resolution. In addition, blue dye injections may stain the surgical field blue, which can be a hindrance during surgery [72]. With the advancement of imaging instruments and material sciences, numerous lymphatic mapping probes have been developed, aiming to improve identification and mapping of lymph nodes, especially sentinel lymph nodes during surgery [73, 74].

To avoid injection of 99mTc-labeled colloid and blue colored vital dye separately, Evans blue (EB), a dye molecule binding with plasma proteins, has been labeled with 99mTc for SLNB. 99mTc-EB combines both radioactive and colored signals and can be administered as a single dose for SLN identification [75]. To increase the migration rate and LN retention, 99mTc-tilmanocept has been developed, which consists of a dextran frame linked with multiple diethylenetriaminepentaacetic acid (DTPA) for 99mTc labeling and mannose residues for CD206 binding. CD206 is a mannose receptor, primarily presented on the surface of macrophages and dendritic cells in lymph nodes [76]. Because of its small size, <sup>99m</sup>Tc-tilmanocept can migrate quickly through the afferent lymph vessels and reside within SLNs due to the specific binding. Several clinical studies have confirmed that <sup>99m</sup>Tc-tilmanocept does not escape from the SLN to the second echelon lymph nodes, and has superior identification rates and sensitivity over blue dyes [68, 77]. A hybrid fluorescent-radioactive tracer has also been applied for sentinel node identification by mixing ICG with 99mTc-labeled albumin nanocolloid [78]. The

lymphatic drainage pattern of ICG/<sup>99m</sup>Tc-nanocolloid is identical to that of <sup>99m</sup>Tc-nanocolloid in clinical setting and all preoperatively identified sentinel nodes could be localized using combined radio- and fluorescence guidance intraoperatively.

Compared with SPECT, PET has higher sensitivity and temporal resolution. PET lymphography has been investigated with intradermal administration of <sup>18</sup>F-FDG for combined diagnostic and intraoperative visualization of LNs [79]. Within 30 min after tracer injection, lymphatic vessels and LNs can be clearly revealed by PET in an animal modal. However, the clinical application of <sup>18</sup>F-FDG PET lymphography may be challenged by the fast migration of the small molecules into blood circulation. Recently, we synthesized NOTA а (1,4,7-triazacyclononane-N,N',N"-triacetic acid) conjugated truncated Evans blue (NEB). 18F-labeling was achieved through the formation of <sup>18</sup>F-aluminum fluoride complex [80]. After intravenous injection, <sup>18</sup>F-AlF-NEB complexes with serum albumin very quickly and thus most of the radioactivity is retained in the blood circulation [80]. After local injection, <sup>18</sup>F-AlF-NEB also forms complexes with endogenous albumin in the interstitial fluid and allows for visualizing the lymphatic system. The LNs can be distinguished clearly by high intensity PET signal from <sup>18</sup>F-AlF-NEB (Figure 4) [81].



Figure 4. A, Longitudinal fluorescence imaging of lymphatic system after hock injection of I<sup>9</sup>F-AIF-NEB/EB. LNs and lymphatic vessels can be clearly seen with the migration of the tracer along with time. B, *Ex vivo* optical imaging of LNs without skin. C, Photograph of the same mice to show the blue color within the LNs. D, Co-registration of optical image (left) and PET image (middle) to present the popliteal LNs, indicated by white arrow. E, Co-registration of optical image (left) and PET image (middle) to present the sciatic LNs, indicated by white arrow. The mice were euthanized at 90 min after hock injection of I<sup>9</sup>F-AIF-NEB/EB and skin removed. (Reprinted and modified with the permission from reference [136])



Figure 5. A, MRI of sentinel lymph nodes in a 4T1 murine breast cancer tumor metastatic model before (left) and after injection of MSN-nanoprobes for 1 day (middle) and 15 days (right). Arrows denote the accumulation area of particles. **B**, optical imaging of tumor metastatic lymph nodes after injection of MSN-nanoprobes at different time points (1 h, 1 day, 5 days, 15 days and 21 days). **C**, PET imaging of sentinel lymph nodes in a 4T1 tumor metastatic model after injection of particles for 1 h, 6 h, 1 day and 2 days. Tumor draining lymph nodes are circled by dotted line and the contralateral lymph node circled by solid line. Arrow denotes bladder. (Reprinted and modified with the permission from reference [85]).

Superb spatial resolution endows MRI the ability to accurately reflect the anatomical location and resolve heterogeneity within LNs. After local administration of superparamagnetic iron oxide (SPIO), the adjacent LNs can be visualized on  $T_2$ -weighted MRI since significant amount of particles is accumulated within the LNs, mainly through macrophage endocytosis [82, 83]. More importantly, tumor metastasis can be distinguished by heterogeneous signal enhancement because metastatic tumor tissue takes up SPIO much less efficiently than the lymphatic tissue (**Figure 5**) [84, 85].

In some special cases when whole body LNs need be evaluated, intravenous administration may be preferred. After intravenous injection, some small sized (30-50 nm) lymphotropic nanoparticles such as ultrasmall SPIO (USPIO) are slowly extravasated from the vasculature into the interstitial space, from which they are transported to lymph nodes by way of lymphatic vessels [86]. Accumulation of nanoparticles in benign nodes causes a decrease in signal intensity on T<sub>2</sub>-weighted and T<sub>2</sub>\*-weighted MRI scans [86]. The metastasized tumor tissue in malignant lymph nodes lacking normal macrophages cannot phagocytose USPIO and thus retain the bright signals in MRI scans [87]. Consequently, in patients with prostate cancer, nodal metastases could be correctly identified in all patients with a significantly higher sensitivity than conventional MRI or nomograms (Figure 6) [88]. One disadvantage of this imaging strategy is the slow transport of USPIO particles to the lymphatic system so delayed imaging at 24-36 h after contrast agents injection is necessary [89]. In addition, low sensitivity of MRI requires relatively large amount of imaging contrast agents [90]. Unpredictability of iron-induced susceptibility artifacts, and the heterogeneous enhancement profile in normal lymph nodes also increase the difficulty of image interpretation [91].

MR lymphangiography in mice and monkeys has also been performed with  $T_1$  contrast agents. Herborn et al. [92] used a blood-pool contrast agent, MS-325 (Gadofosveset) to image regional lymph nodes. MS-325 is albumin-binding Gd-based contrast agent and the protein-binding properties may make this agent large enough to be phagocytosed and lymphotropically cleared. After interstitial injection, lymphatic vessels and tumor-bearing lymph nodes can be detected. The same contrast agent has also been premixed with 10% human serum albumin (HSA) for intradermal injection. Lymphatic drainage was visualized clearly by  $T_1$ -weighted MRI [93]. Kobayashi et al. used different dendrimer-based MRI contrast agents to visualize the anatomy and physiology of deep lymphatic vessels and lymph nodes in mouse models [94-96].

Optical imaging guided surgery has been intensively studied due to its low cost, simplicity, and adaptability. Besides, the limited tissue penetration is less critical because of open field of view during surgery [97-101]. For example, NIR fluorescent dyes, such as indocyanine green (ICG), have been investigated for sentinel node navigation during surgery either alone or in combination with nanoformulations [26, 27, 102, 103]. New imaging systems which integrate invisible light and color video have also been developed to provide intraoperative guidance using NIR lymphatic mapping agents such as indocyanine green (ICG) diluted in human serum albumin (HSA). The NIR fluorescence detection of SLNs was very promising in a small scale of patients with breast cancer [104]. Besides small molecular dyes, various nano-scale sized fluorophores have also been applied for SLN imaging and showed promising results in preclinical models [105-109]. Kim et al. [106] demonstrated that injection of only 400 pmol of near-infrared quantum dots (a hydrodynamic diameter of 15–20 nm and emission at 840–860 nm) permits sentinel lymph nodes 1 cm deep to be imaged easily in real time using very low excitation fluence rates (5 mW/cm<sup>2</sup>). With the combination of NIR dyes and microscopic techniques, *in vivo* functional lymphatic imaging with high spatial and temporal resolution can be achieved [110].

Contrast-enhanced ultrasound imaging (CEUS) using mcirobubbles has been widely used in both preclinical experiments and clinical diagnosis [108, 111-118]. In preclinical studies, microbubbles have been shown to accumulate in sentinel lymph nodes but not second-order lymph nodes, probably due to the avidity of the shell material for macrophages [119, 120]. In a pilot clinical trial, before surgery, patients with breast cancer received a periareolar intradermal injection of microbubbles, lymphatic channels were visualized immediately by ultrasonography and putative axillary SLNs were identified. The sensitivity of SLN detection in this study was 89% [121]. Similar to MRI, differentiation of benign and malignant lymph

nodes can be achieved with CEUS because of the different accumulation of microbubbles in normal and metastasized LNs [122]. Several limitations of CEUS prevent broad application of this technique in SLN mapping, such as poor spatial resolution, slow migration of the microbubble, inaccessibility to the thorax and deep retroperitoneum, as well as its dependence on operator experience [123]. Photoacoustic imaging (PAI) is a hybrid biomedical imaging modality to detect the ultrasonic waves generated by pulse laser induced transient thermoelastic expansion within biological tissues [124-127]. In combination with different contrast agents including methylene blue, carbon nanotubes, gold nanocages, gold nanorods and gold nanobeacons [128-131], PAI showed potential in improved detection of metastases in preclinical models. However, no clinical application has been reported so far, possibly due to the lack of bedside imaging system. In addition, the still limited signal penetration and challenges in control of surgery field with conductive gel may also be the hindrance.



Figure 6. MRI nodal abnormalities in three patients with prostate cancer. The left panel shows conventional MRI and the middle panel showed MRI obtained 24 hs after the administration of lymphotropic superparamagnetic nanoparticles. The right panel shows corresponding histologic analysis (hematoxylin and eosin). **A**, a homogeneous decrease in signal intensity due to the accumulation of lymphotropic superparamagnetic nanoparticles in a normal lymph node in the left iliac region. **B**, conventional MRI shows high signal intensity in an unenlarged iliac lymph node completely replaced by tumor. The nodal signal intensity remains high with nanoparticles. **C**, conventional MRI shows high signal intensity in a retroperitoneal node with micrometastases. MRI with lymphotropic superparamagnetic nanoparticles demonstrates two hyperintense within the node, corresponding to 2-mm metastases. (Reprinted and modified with the permission from reference [88])

With regard to lymphatic imaging, in order to meet the requirement for both pre-operational evaluation and intra-operational guidance, the combination of multiple imaging techniques is often needed [132]. Like the conventional lymphatic mapping with 99mTc-labeled colloids/blue dye, SLNs can be visualized pre-operationally either by SPECT and located with a gamma ray counter and visual contrast of the blue dye during surgery [69, 70]. With the development and maturation of hybrid systems including PET/CT, SPECT/CT [34], PET/MRI [133], and bed side optical imaging systems [98, 104], various multifunctional lymphatic imaging probes have been investigated to offer the synergistic advantages, especially those combining radionuclide and fluorescence [134]. By taking advantage of lymphatic binding property of tilmanocept, Tsien group [135] conjugated an <sup>18</sup>F-labeled NIR fluorophore to the dextran backbone. This dual-labeled compound permits PET or scintigraphic imaging of SLN, and enables NIRF-guided excision for multimodality-guided sentinel node visualization and excision (Figure 7). By mixing <sup>18</sup>F-AlF-NEB with Evans blue, our lab also investigated multimodal imaging of LNs. In several animal models, the LNs can be distinguished clearly by the apparent blue color and strong fluorescence signal from EB as well as high intensity PET signal from <sup>18</sup>F-AlF-NEB [136]. Kobayashi and co-workers <sup>111</sup>In-labeled [132] synthesized radionuclide/five-color NIR optical dual-modal imaging

probes using a polyamidoamine dendrimer (generation-6 PAMAM dendrimer) with an ethylenediamine core as the platform component. Radionuclide imaging of this dual-modal imaging probe allows increased depth penetration and absolute quantification whereas multi-color NIR optical imaging offers real time spatial resolution and the ability to distinguish multiple lymphatic drainages [132].

In a relatively short period, PET/MRI system achieved transition from small PET/MRI prototypes for small-animal studies [137, 138] to clinical arena [139]. Consequently, multi-modality imaging agents have been investigated for lymphatic mapping with the hope to detect sites of disease with higher sensitivity and accuracy. For example, a multimodal nanoparticle, 89Zr-ferumoxytol, has been tested in preclinical disease models and the results demonstrated that the particles can be used for high-resolution tomographic studies of lymphatic drainage [140]. Our group also developed a mesoporous silica-based triple-modal imaging nanoprobe (MSN-probe) that possesses the long-term imaging ability to track tumor metastatic SLNs. In this system, three imaging tags including NIR dye ZW800, T1 contrast agent Gd3+ and positron emitting radionuclide 64Cu were integrated into MSNs by different conjugation strategies. Due to their high stability and long intracellular retention time, signals from tumor draining SLNs are detectable up to 3 weeks (Figure 8) [105].



**Figure 7. A,** nonradioactive NIRF imaging of [<sup>19</sup>F]Lymphoseek-3. Typical NIRF imaging experiment of a mouse that had been injected with 1 nmol of [<sup>19</sup>F] Lymphoseek-3 diluted with 10 nmol of unconjugated Lymphoseek. The NIRF signal (colored red) is overlaid onto a bright field image (green) of a mouse. A red arrow indicates clear localization of [<sup>19</sup>F]Lymphoseek-3 to the sentinel (popliteal) lymph node, while the blue arrow indicates localization to the distal (lumbar) lymph node. **B**, multimodality imaging of a mouse injected with a 10 µL, 1 nmol, 48.1 µCi dose of <sup>18</sup>F-labeled Lymphoseek-3 (0.048 Ci/µmol). The red arrows indicate the location of the sentinel lymph node. (Reprinted and modified with the permission from reference [135]).



Figure 8. A, bioluminescence imaging (BLI) of tumor metastasis to tumor draining lymph nodes. B,  $T_2$  weighted MRI of a lymph node with tumor metastasis. The heterogeneous signal intensity within the lymph node was distinguished. C, Photomicrograph of histologic specimen was obtained after injection of superparamagnetic iron oxide. The iron-laden cells of the medullary sinusoids were stained blue by the Prussian blue reaction and sharply outline the pink counterstained cortex and medullary cords. Compared with hyperplastic lymphatic tissue, proliferating tumor cells showed much less iron oxide uptake. (Reprinted and modified with the permission from reference [105]).

# Summary and perspectives

An ideal lymphatic imaging agent should have high signal-to-background ratio for clear SLN detection, be able to differentiate tumor metastasis and provide real-time intraoperative guidance. However, it is very challenging to fulfill all the requirements with a single imaging agent and a single imaging modality. For preclinical studies, the emphasis of imaging is on how to evaluate lymphangiogenesis during pathological processes, especially during the development and metastasis of malignant lesions. Clinically, the focus is still on intraoperative detection of SLN for biopsy and accurate pathological evaluation. This application is mainly for patients with breast cancer and melanoma, but shows potential in other types of cancer including prostate cancer and head and neck cancers. The combination of <sup>99m</sup>Tc-colloid and vital dyes is still the main stream in

clinical practice while other combinations are emerging. With the prevalence of PET and availability of clinically applicable optical imaging systems, more probes with positron emitter and fluorophore labeling are under intensive investigation to provide better pre-operational imaging and intra-operative guidance for SLNB [134].

Various nanoparticles have been investigated for lymphatic imaging, as they have some preferred features including strong signal intensity, tunable size, and modularized modification for multiple modality imaging. For example, based on experience from <sup>99m</sup>Tc-labeled colloid, the optimal particle size is from 50 to 200 nm since the radioactive colloids are cleared by lymphatic drainage with a speed that is inversely proportional to the particle size after interstitial injection [69]. The size of most nanoparticles can be easily tuned to fall in this range. Despite the fact that clinical translation of many nanoparticle formula face formidable obstacles, perceived acute and chronic toxicities, and regulatory hurdles [141], local administration of lymph node mapping will overcome the suboptimal biocompatibility of these NPs.

It is envisioned that PET/optical dual functional imaging probes may be the best combination for clinical SLNB. Pre-operational evaluation could be performed with PET/CT or PET/MRI hybrid systems to provide both LN location and surrounding anatomical reference. While fluorescence optical imaging provides direct visualization of the SLNs and the field of view can be overlaid with bright field images. The localized radioactive signal can substantiate the accuracy of optical imaging. *Ex vivo* microscopic imaging can be added to provide fast evaluation of tumor micrometastasis in the resected LNs.

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### **Competing Interests**

The authors have declared that no competing interest exists.

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